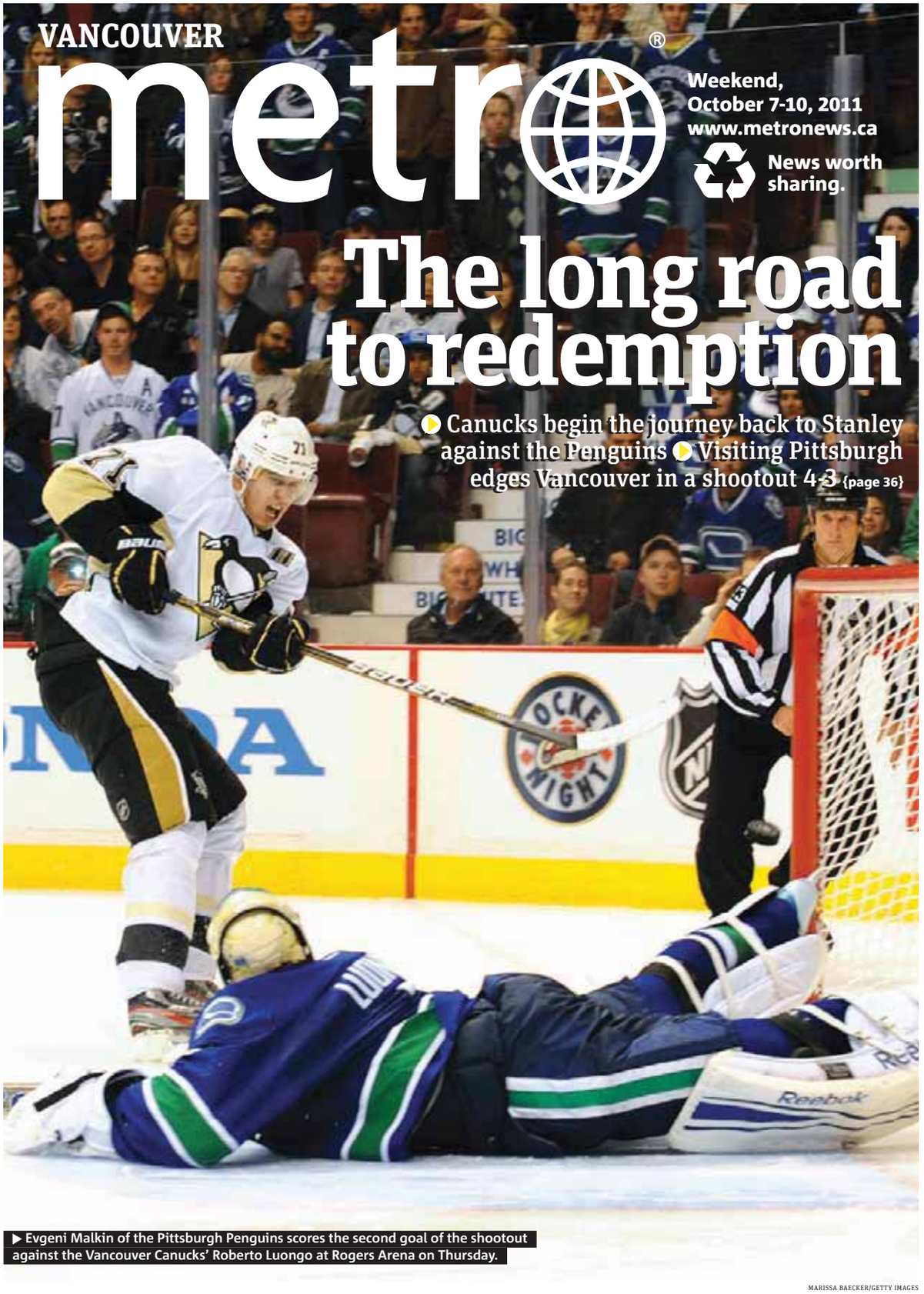
VANCOUVER
metro®
Weekend, October 7-10, 2011
www.metronews.ca
News worth sharing.

The long road to redemption

Canucks begin the journey back to Stanley against the Penguins ▶ Visiting Pittsburgh edges Vancouver in a shootout 4-3 {page 36}



▶ Evgeni Malkin of the Pittsburgh Penguins scores the second goal of the shootout against the Vancouver Canucks' Roberto Luongo at Rogers Arena on Thursday.

MARISSA BAECKER/GETTY IMAGES

kingLASIK
1020-4710 Kingsway
MetroTower 1, Burnaby
kinglasik.ca
604.433.3248

Welcome to Fall!
$1500
LASIK or PRK
*Both eyes
*Blade Free Lasik Available, additional fees may apply. Subject to change without notice. Burnaby location only. Not to be combined with any other offer.

FOUR PILLARS, 10 YEARS ON
SLOW GOING IN DRUG FIGHT {page 10}

ENSURE YOUR MENTAL HEALTH
SPECIAL FEATURE
{pages 32-35}

LITTLE SAIGON
APPROVED FOR KINGSWAY AREA {page 3}

HAPPY THANKSGIVING!

METRO WILL NOT PUBLISH ON MONDAY. LOOK FOR US ON TUESDAY.

VancouverGold
INSTANT CASH FOR GOLD
Vancouver's #1 Choice for Selling Gold
Vancouver • 604.764.5134 • 254 West Broadway, Vancouver • Mon-Fri 9am-6pm , Sat 10am-5pm, Sun 11am-4pm
Surrey • 604.582.4653 • 120-10362 King George Hwy, Surrey • Mon-Fri 9am-5pm , Sat 10am-5pm
Be amazed at how much you have! Visit us today!
www.VancouverGold.ca
INSTANT CASH COUPON
5% CASH BONUS ON JEWELLERY WITH THIS COUPON
Expires: Oct. 21/2011. One coupon per transaction.

1 news

A Canadian citizen and his family are imprisoned in Saudi Arabia, and the prime minister isn't doing anything about it, says Grit MP. Scan the code.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

A day after Steve Jobs' death, impromptu memorial sites sprung up outside Apple stores in Toronto and Montreal. Video at metronews.ca/video

Follow us on Twitter @vancouvermetro

DARRYL DYCK/THE CANADIAN PRESS

▶ BCCLA lawyer Micheal Vonn speaks during a news conference on Thursday.

Amnesty International says inquiry adds insult to injury

- BCCLA and Amnesty International withdraw from Missing Women's Inquiry
- Protests planned at start of inquiry on Tuesday

MATT KIELTYKA
@METRONEWS.CA

The inquiry that was supposed to mend wounds for aboriginals and women in the Downtown Eastside has only caused more damage, according to advocates.

The B.C. Civil Liberties Association, Frank Paul Society and Amnesty International announced Thursday they are withdrawing from the Missing Women Commission of Inquiry, which begins Tuesday in Vancouver.

Seventeen organizations have now boycotted the inquiry — tasked with looking into the police investigation of serial killer Robert Pickton as women were disappearing from the Downtown Eastside — over the provincial government's continuing refusal to provide legal aid to all but the lawyer representing the murder victims' families.

Alex Neve, secretary general for Amnesty International Canada, says the funding decision has effectively made it impossible for Downtown Eastside organizations to participate in the inquiry originally intended to hear their voices.

"It has become apparent that this inquiry is proceeding in a manner that simply aggravates and deepens the very inequities it purports to address," said Neve. "It is simply untenable and unprincipled to continue to participate."

Amnesty International Canada has never pulled out of a public inquiry before but had no choice, Neve said.

With a mountain of documents to review and a minimum of 14 lawyers representing police and government interests, BCCLA policy director Micheal Vonn said the inquiry is "fundamentally flawed."

"You simply cannot do this without a lawyer," she said. "You look at those numbers and you see the blatant inequality in this process."

Instead of participating in the inquiry as it begins Tuesday, several of the organizations that were given standing will be protesting outside the courtroom.

Pulled

Groups that have withdrawn from the inquiry:

- **Full participants:** Downtown Eastside Women's Centre and Committee of the Feb. 14 Women's Memorial March, Native Women's Association of Canada, Walk4Justice and FrankPaul Society.
- **Limited participants:** B.C. Civil Liberties Association, Amnesty International and PIVOT Legal Society, Ending Violence Association of B.C. and West Coast LEAF, Women's Equality and Security Coalition, Carrier Sekani Tribal Council and the Union of B.C. Indian Chiefs, Native Courtworker and Counselling Association of B.C.

HILLTOP ACADEMY
FITNESS LEADERSHIP DIPLOMA PROGRAM
BECOME A PERSONAL TRAINER
• Receive Your Diploma In Under 5 Months
• $100 New Balance Shoes Voucher to all Students
• Earn Up To $70/Hour
Enter to WIN Free Tuition
HILLTOP ACADEMY
(604) 930.8377 • www.hilltopacademy.ca
PCTIA

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play
play FREE!

Little Saigon district pho sure

City council approves motion to designate and promote Vietnamese district in the Kingsway area

The Vietnamese community will have a little bit of their homeland in Vancouver.

On Thursday city council unanimously approved the creation of Little Saigon.

Coun. Kerry Jang said the Little Saigon district, which will be designated along Kingsway between Nanaimo and Fraser streets, will help celebrate and promote Vietnamese culture. The Vietnamese community represents 30,000 residents and makes up Vancouver's fifth-largest ethnic group.

"Little Saigon is about helping brand the business district to attract new businesses and to really motivate the current owners to fix up the businesses there because it's a little run down in the area," Jang said. "This brings a sense of community pride and investment."

Members of the Vietnamese community approached council two years ago with the Little Saigon proposal to formalize the area into a district where their culture is celebrated with banners and signs, similar to Chinatown.

A community-led referendum showed more than 90 per cent support for the plan from Vietnamese and non-Vietnamese businesses in the Kingsway area.

According to Jang, consultations with area residents, business merchants, community members and groups will begin to determine the boundaries where people would see bilingual street signs and banners.

The community is starting to raise money for the signs and banners, Jang added, and they're rearing to revitalize the area.

Vietnamese-Canadians released a statement Thursday thanking the city for respecting and recognizing their contributions. PHYLICIA TORREVILLAS

Finger. Pointing

▶ Dr. Riley Senft gives prostate cancer the finger, a symbol of his five-month awareness-raising run across Canada, at the Olympic Cauldron on Thursday.

CHELSEA ALTICE/FOR METRO

Five-month run worth thousands

Hundreds gathered to celebrate Dr. Riley Senft's return to Vancouver. He left Cape Spear on May 7 and ran more than 6,600 kilometres. His run raised more than $360,000 for prostate-cancer awareness and research.

Excavator raises a stink

Vancouver Fire and Rescue Services closed off Burrard Bridge and had the Burrard Civic Marina evacuated after an excavator severed two natural-gas lines underneath the south end of the bridge Thursday morning.

The gas leak was fixed at 1:30 p.m. and the bridge reopened to all traffic. METRO

CREDIT CONQUEST STORY CONTEST
SEPTEMBER 16 TO OCTOBER 21

The empowering freedom you get after making it through a wicked desert storm – that's what I got when I conquered my financial challenges.

YOU COULD WIN A $5,000 GRAND PRIZE!
It's easy. In 300 words or less, simply share your inspiring or compelling story about how you conquered your credit issues and how it changed your life. You could win $1,000, $2,000 or $5,000!

Go to crediteducationweekcanada.com
for contest rules and regulations and more details.

No purchase necessary. Entry period is from 12:01 a.m. ET September 16, 2011, to 11:50 p.m. ET October 21, 2011. Entries will be judged according to several criteria. The contest is open to Canadian residents, excluding residents of Quebec, who have reached the age of majority in his/her province or territory of residence.

Credit Education Week CANADA
Credit Canada
Debt is manageable
PROUD SPONSOR Capital One

Orphaned porpoise swims to health

Researchers base recovery program on Daisy, another rescued porpoise at the Vancouver Aquarium

Caregiving

Jack's blubber-gaining diet and exercise plan:

- Jack requires 24-hour care. Around 150 volunteers and 10 professional staff watch and feed the young porpoise around the clock.
- His physical therapy includes hour-long exercise sessions, five times a day, that feature tail-lifting exercises and free swims (without a floatation harness).
- He is fed every two hours with a liquid formula consisting of herring, salmon oil, electrolytes, nutrients and vitamins.

CHELSEA ALTICE
VANCOUVER@METRONEWS.CA

After three weeks of rehabilitation and physical therapy, Jack, an abandoned baby harbour porpoise, is riding the wave to recovery, having gained eight pounds since his arrival at the Vancouver Aquarium's Marine Mammal Rescue Centre

He joins 80 harbour seals currently at the MMRC and is the third rescued porpoise this year. His rehabilitators hope for a successful recovery like that of sea lion Flash Gordon, released on Vancouver Island on Wednesday.

"He has a long way to go," said Lindsaye Akahurst, manager at the MMRC. "It's a huge sign when an animal is in an environment that is not natural to them, but he has gained so much weight."

Jack was abandoned by his mother for unknown reasons and was spotted in distress off the coast of Horseshoe Bay in mid-September. When rescue workers brought him back to the centre, he was extremely underweight and disorientated.

"Porpoises are different from seals because they need a lot of interaction for their development," said rehabilitation specialist Amelia MacRae, who has been working around the clock with Jack to build his strength.

With his future health uncertain, rehabilitators said they are assessing Jack's recovery day by day.

CHELSEA ALTICE/METRO

▶ Rehabilitation specialist Amelia MacRae helps Jack the porpoise swim without his flotation harness Thursday at the Vancouver Aquarium Marine Mammal Rescue Centre.

They are holding back plans to move him into the aquarium or for a release into the wild, and are solely focusing on his current health.

"Our goal is always to release," said Akahurst. "It is early in his rehab, but he is very affectionate with us and we're so happy with his progress."

FREE English classes for adults.
More English skills mean more opportunities in B.C. That's why I'm learning English.
To learn more, visit
WelcomeBC.ca
Canada
BRITISH COLUMBIA

OWN & OPERATE YOUR OWN DIGITAL MEDIA NETWORK
FRANCHISES NOW AVAILABLE IN VANCOUVER
RTOWN COMMUNICATIONS
We Connect You
Bob@rtown.ca | www.rtown.ca | 604-905-0504 x103

SATURDAY, OCTOBER 8th ONLY!

20x

THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND $50 OR MORE* ON ALMOST ANYTHING IN THE STORE.

THE MORE YOU SHOP, THE MORE YOU EARN!

PLUS These SATURDAY ONLY Specials†

SATURDAY ONLY 2/6.99 REST OF WEEK 2/10.98

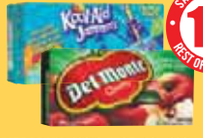
COCA-COLA or **PEPSI** REGULAR or DIET
12 x 355mL Selected Types
or 5.49 case. Limit 4
+ Deposit & Enviro Levy Where Applicable

SATURDAY ONLY 2/$5 REST OF WEEK 2.99

COCA-COLA or **PEPSI** REGULAR or DIET 6 x 710mL Selected Types
or 2.99 each. Limit 4
+ Deposit & Enviro Levy Where Applicable

SATURDAY ONLY 1.79 each REST OF WEEK 1.99

CHRISTIE
COOKIES or CRACKERS
Selected Types & Sizes
Limit 4. After limit 1.99



SATURDAY ONLY 1.99 each REST OF WEEK 2.50

LIFE BRAND 100% JUICE (10 x 200mL),
DEL MONTE 100% JUICE or **KOOL-AID**
JAMMERS FRUIT BEVERAGE (10 x 180mL)
Selected Types Limit 4. After limit 2.50

SATURDAY ONLY 2.99 each REST OF WEEK 3.49

MAXWELL HOUSE
INSTANT COFFEE 200g
Selected Types
Limit 4. After limit 3.49

SATURDAY ONLY 1.99 each REST OF WEEK 2.49

LIFE BRAND NATURAL
SPRING WATER 24 x 500mL
Limit 4. After limit 2.49

SATURDAY ONLY 1.79 each REST OF WEEK 2.69

LAY'S CHIPS 220g
Selected Flavours
Limit 4. After limit 2.69

SATURDAY ONLY 1.79 each REST OF WEEK 2.29

EVERYDAY MARKET
SUGAR 2kg
Limit 4. After limit 2.29

SATURDAY ONLY 2.49 each REST OF WEEK 2.99

KRAFT SMOOTH PEANUT BUTTER (1Kg) or **SMUCKER'S** REDUCED SUGAR FRUIT SPREAD (310mL) Selected Types Limit 4. After limit 2.99

SATURDAY ONLY 99¢ each REST OF WEEK 1.33

EVERYDAY MARKET
EVAPORATED MILK 370mL
Limit 4. After limit 1.33

SATURDAY ONLY 1.99 each REST OF WEEK 2.99

LIFE BRAND EXTRA STRONG
PAPER TOWELS 8 Roll
Limit 4. After limit 2.99

SATURDAY ONLY 3.99 each REST OF WEEK 4.99

BIO•LIFE DOUBLE (12 Roll), **LIFE BRAND** 2-PLY (24 Roll) or DOUBLE (12 Roll) BATHROOM TISSUE
Limit 4. After limit 4.99

SATURDAY ONLY 5.99 each REST OF WEEK 6.99

MOTRIN IBUPROFEN TABLETS (50's - 100's), **TYLENOL** MUSCLE ACHES & BODY PAIN CAPLETS (72's), EXTRA STRENGTH EZ TABS or CAPLETS (100's) Selected Types
Limit 4. After limit 6.99

SATURDAY ONLY 25% off†

ALL VITAMINS or **NATURAL HEALTH PRODUCTS**

†Our regular price. *Points are issued according to the net pretax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points, products that contain codeine, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, electronic gift cards, prepaid phone cards, Life Experiences® packages and Shoppers Home Health Care locations. Offer applies to photofinishing services that are picked up and paid for on Saturday, October 8, 2011. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. Offer valid Saturday, October 8, 2011 only. See cashier for details. ® 911979 Alberta Ltd. Prices in effect for Saturday, October 8, 2011 only. While quantities last. No rainchecks. See cashier for details.

SHOPPERS DRUG MART

Helping people off the streets

Director of Lookout Society doesn't want anyone to face what she endured when she was homeless

Karen O'Shannacery ran away from a troubled home and an alcoholic dad when she was 14. She lived on and off the streets for four years.

At 18, she began working at a homeless shelter and formed Lookout Society in 1971 with other employees after noticing the shelter was turning away older homeless men.

"I wanted to prevent anybody from having to go through what I went through," said O'Shannacery, who has been Lookout's executive director since 1974 and who on Tuesday received the Order of B.C. for being a pioneer and advocate for the homeless in the Lower Mainland.

"There has been a lot of the working poor coming into our shelters because they can't find the affordable housing and can't access services that would give them a helping hand."
KAREN O'SHANNACERY, LOOKOUT SOCIETY DIRECTOR

And she wants people to know that effective shelter services and affordable housing can, when done right, help save someone's life.

"There has been a lot of the working poor coming into our shelters because they can't find the affordable housing and can't access services that would give them a helping hand," she said.

"The purpose of the shelter system is to be a social safety net for people who fall between the cracks and who don't have a roof over their heads."

For this year's Homelessness Action Week, which runs Oct. 10-16, the society wants the public to know the expanding diversity of the homeless.

"It's trying to engage everybody as being part of the solution," she said.

"It takes everybody to solve the problem (of homelessness) and by only working together that it will be successful."

Lookout will be inviting the public into the shelters and having a Hearts for the Homeless fundraiser to raise money for its program of services.

The city will also have Homeless Connect days where the homeless can access a wide range of health and other services, including haircuts, pet care, dental care and bike repair.

PHYLICIA TORREVILLAS

What does a-multi-room-HDPVR-plus-the-fastest*-broadband-Internet-speed-in-North-America **mean to you?**

Only Shaw has everyday prices that give you so much for so little.

$98.90 per month† | Gateway + 2 portals | Broadband 50 Internet | Personal TV

Call 1.866.865.8810 or visit SHAW.CA/GATEWAYOFFER

Record 6 HD programs and playback 3

What does SHAW mean to you?

Up to 250 Mbps Downloads

*Broadband 50 Mbps, 100 Mbps and 250 Mbps services are delivered by a network utilizing the latest DOCSIS 3.0 modems, latest IP Backbone routers with 100 Gigabit DWDM and 100 Gigabit IP links, and the most DOCSIS DS RF Channels of any service provider in North America. Availability of Broadband 50 Mbps, 100 Mbps, and 250 Mbps service may vary by region, modem equipment, or residential wiring. 1 Gbps speed available in select neighbourhoods where technology permits. Internet speeds are based on optimal conditions. † Shaw Gateway is included through the Shaw Easy Own hardware purchase program. You will obtain ownership of the purchased hardware immediately with the understanding you are required to pay Shaw for the hardware in 36 pre-authorized monthly installments. You also agree any outstanding balance on the purchased hardware is due in full and immediately payable to Shaw if your services are terminated. Additional terms and conditions will apply. Offer availability and speed may vary by market. By subscribing to one of Shaw's Broadband Internet packages, you opt in to the Bump-Up Program as described under New Broadband Plans at www.shaw.ca/Internet. Offer subject to change and is available on approved credit. Prices shown do not include tax. Not all Shaw services are available in all regions. Channel and programming availability may vary by market. Equipment not purchased by your must be returned to Shaw if any of your services are cancelled. Shaw services are subject to our Terms of use located at http://www.shaw.ca. Other terms and conditions may apply.

FLIGHT CENTRE® *Unbeatable*

Airfares

Manchester
from **$99**
+ taxes & fees $514

Calgary	one-way from $109 + taxes & fees $59
Puerto Vallarta	from $125 + taxes & fees $330
Los Angeles	from $170 + taxes & fees $109
Las Vegas	from $198 + taxes & fees $116
Toronto	one-way from $199 + taxes & fees $78
Honolulu	from $338 + taxes & fees $113
Bangkok	from $348 + taxes & fees $739
Hong Kong	from $358 + taxes & fees $730
Manila	from $399 + taxes & fees $715
Paris	from $499 + taxes & fees $581
Rome	from $589 + taxes & fees $448
Auckland	from $859 + taxes & fees $423

All-inclusive Vacations

Los Cabos
7 Nights 4-Star
from **$545**
+ taxes & fees $330

Puerto Vallarta 7 Nights 4-Star	from $558 + taxes & fees $331
Riviera Nayarit 7 Nights 5-Star	from $575 + taxes & fees $330
Jamaica 7 Nights 3-Star	from $695 + taxes & fees $340
Punta Cana 7 Nights 4-Star	from $698 + taxes & fees $376
Cozumel Dive & Golf Air + 7 Nights All-inclusive	from $1098 + taxes & fees $129

INCLUDES beachfront accom and unlimited golf at the island's 18-hole, par 72 premier golf course. **BONUS** 2-tank scuba dive with 5-star instructor and full equipment included‡.

Book for your chance to WIN® free gas for a year!
Sizzling SUN SALE
Save up to $2000Ω per couple
Book now and save on a wide range of all-inclusive packages to Mexico and the Caribbean. Sale ends October 31st.
AIR CANADA VACATIONS
Sunquest
sunwing.ca
transat Holidays
WESTJET vacations

Canada

Whistler 2 Nights 4-Star
from **$129**
taxes & fees included

INCLUDES pet-friendly Whistler Village accom with kitchenette.

Victoria 2 Nights — from $112 taxes & fees included
INCLUDES accom near Inner Harbour.

Tofino 2 Nights — from $164 taxes & fees included
INCLUDES Clayoquot Sound accom near Tofino.

Halifax Air + 4 Nights + Car — from $998 + taxes & fees $179
INCLUDES central accom and 4-day car rental with unlimited mileage.

Cruise & Stays

Los Angeles
Air + 2 Nights 4-Star + 4-Night Cruise
from **$649**
+ taxes & fees $106

INCLUDES 2 nights downtown accom near the Staples Center and 4-night cruise sailing from Los Angeles to Vancouver visiting Victoria. **UPGRADE** to oceanview stateroom from $25 per night.

Southern Caribbean
Air + 2 Nights + 7-Night Cruise — from $1099* + taxes & fees $132
INCLUDES airfare from Seattle, 2 nights Condado Beach area accom and 7-night cruise sailing roundtrip San Juan visiting St Thomas, Barbados, St Lucia, St Kitts and Phillipsburg-Saint Maarten. **UPGRADE** to oceanview stateroom and 4-star accom from $33 per night.

Escorted Tours

Thailand 9-Day Tour — from $867 taxes & fees included
HIGHLIGHTS Bangkok, Koh Samui, Koh Pha Ngan and Koh Tao. Roundtrip Bangkok.

Russia 9-Day Tour — from $1379 taxes & fees included
HIGHLIGHTS Moscow, ice skating in Gorky Park, Kremlin, Pskov, Russian banya (sauna), Pechory Monastery, St Petersburg and The Hermitage. Travel Moscow to St Petersburg.

Europe

London Air + First 2 Nights
from **$239**
+ taxes & fees $511

INCLUDES central accom near Russell Square underground station.

Munich Christmas Markets
Air + 7 Nights — from $967 + taxes & fees $526
INCLUDES accom with fully equipped kitchen located walking distance from Marienplatz during the Christmas markets season and a hop-on, hop-off circle line tour.

Algarve Long Stay
Air + 20 Nights + Car — from $1519 + taxes & fees $470
INCLUDES roundtrip airfare to Lisbon, Albufeira 4-star studio accom with kitchenette and car rental.

Costa Del Sol Long Stay
Air + 20 Nights — from $1550 + taxes & fees $500
Sunset Beach Apartment
INCLUDES roundtrip airfare to Malaga, airport transfers and 4-star studio accom with kitchenette.

Vacations

Costa Rica
Air + 7 Nights
from **$959**
+ taxes & fees $108

INCLUDES cliffside accom near Liberia. **BONUS** buffet breakfasts included.

Singapore
Air + 7 Nights 4-Star — from $1079 + taxes & fees $676
INCLUDES seaside accom. **BONUS** airport transfers included. **ADD** night time safari from $52.

Mazatlan Long Stay
Air + 21 Nights — from $1159 + taxes & fees $171
INCLUDES beachfront resort-style accom and roundtrip airport transfers.

Vietnam Long Stay
Air + 20 Nights — from $2049 + taxes & fees $485
INCLUDES roundtrip airfare to Ho Chi Minh City, 3 nights Ho Chi Minh City accom, domestic airfare and 17 nights 4-star oceanview Nha Trang central accom near the beach. **BONUS** breakfasts included.

USA

Las Vegas
Air + 3 Nights + Cirque du Soleil
from **$229****
+ taxes & fees $55

INCLUDES airfare from Bellingham and accom on the Strip. **BONUS** tickets to select Cirque du Soleil or other Las Vegas show included.

Anaheim Family Special
Air + 3 Nights 4-Star — from $279◊ + taxes & fees $107
INCLUDES accom near theme parks. Price per person based on family of 4. **ADD** 3-day *Disneyland* Resort *Park Hopper* Bonus Ticket from $193/adult, $171/child (ages 3-9).

Phoenix
Air + 3 Nights 4-Star + Golf — from $489 + taxes & fees $131
INCLUDES mountainside accom and golf.

Honolulu Air + 7 Nights — from $689 + taxes & fees $145
INCLUDES central accom near Waikiki Beach. **ADD** dolphin watch, snorkelling and lunch from $132.

Florida Keys
Air + 7 Nights + Car — from $999 + taxes & fees $124
INCLUDES airfare to Miami, beachfront accom in Key Largo and 7-day car rental.

Cruises

Western Caribbean
5-Night Cruise — from USD $299 + taxes & fees USD $93
CRUISE roundtrip Miami and visit Roatan and Cozumel.

Pacific Coastal
5-Night Cruise — from USD $459 + taxes & fees USD $107
CRUISE San Diego to Vancouver and visit San Francisco and Victoria.

Alaska 7-Night Cruise — from USD $629 + taxes & fees USD $153
CRUISE Vancouver to Seward and visit Inside Passage (cruising), Ketchikan, Ict Strait, Juneau, Skagway and Hubbard Glacier (cruising).

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!†

1 877 583 5444 | TEXT Join our Insider Club for hot deals. Text YVR to 131 600 | **flightcentre.ca** | **Visit us in store.**

*Conditions apply. Ex: Vancouver. *Ex: Seattle. **Ex: Bellingham. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price per person based on quad occupancy (2 adults & 2 children ages 2-17). ‡Proof of Diving Certification is Required to Participate. ΩFor full offer and contest terms & conditions ask your Flight Centre travel consultant or visit www.flightcentre.ca/campaigns/sunsale. Valid on new bookings paid in full by October 31, 2011. Package prices are per person and savings are per couple in Canadian dollars, based on double occupancy. Not applicable to air-only or hotel-only bookings. Early Booking Bonus will be reflected in the rates quoted. Not combinable with child rates or any other special offers. Valid on new individual bookings only. Prices and discounts are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. Other restrictions may apply. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790*

Clothier shows unity with nudity

Lululemon website features three nude photos that mimic Ryan Kesler's pose for ESPN the Magazine

Vancouver-based yoga clothier lululemon athletica has its own cheeky take on a nude photo of Canucks centre Ryan Kesler.

On Thursday the company's website featured a trio of images featuring a young woman in poses eerily similar to the one that Kesler adopts in ESPN The Magazine's Body Issue.

Kesler is one of 21 athletes who appear in the buff for the magazine, which hits newsstands Friday.

One of the images on lululemon.com Thursday was an exact mirror of the Kesler shot — complete with a stormy backdrop and a large chunk of ice that the model is leaning against. "We're with you, Kes," the website reads.

Another image shows the model superimposed onto the streets of Gastown, while the final image shows the model with her hands pulling tight a drawstring on the hood of a coat.

METRO

LULULEMON.COM

▶ Screen grab from lululemon.com

LULULEMON.COM

▶ Screen grab from lululemon.com.

RBC Royal Bank®

Get instant results with our Rate Loss Program.

Switch to an RBC Homeline Plan® credit line and pay only prime + ½% vs. prime +1% at your bank.

Join the thousands who have lost rate and saved thousands of dollars.

Introducing the RBC Rate Loss Program: a fast and easy way to go from paying 4% (prime + 1%) at your bank to 3.5% (prime + ½%) by switching to an RBC Homeline Plan® credit line. You could save as much as $5,000 in interest payments† and worry less, sleep more and feel better. **And we'll even cover your switching costs*.** So get with the program – and lose the rate you've been carrying today.

Visit any of our convenient branches or speak with your local RBC Royal Bank® mortgage specialist today. 1-866-864-0420

Advice you can bank on™

TM

*We will pay the basic title insurance fee (not including migration fee), appraisals/property valuation fee and one discharge/switch out fee at another financial institution (up to $300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance $50,000. †Savings based on $100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% annual interest rate to a 4.0% annual interest rate. The interest rate will fluctuate with the Prime rate and is subject to change at any time without notice. Rate is effective as of September 20, 2011.Personal lending products and residential mortgages are provided by Royal Bank of Canada and are subject to its standard lending criteria. ® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

Hot BUYS!

UNITED FURNITURE WAREHOUSE®
www.ufw.com

Introducing the **All New Sofa Lineup!** ***Brand new colours, brand new styles, same great value!***

Chenille Sofa with Showood Accents

HOT BUY!

SOFA ONLY
$599.97
Plus Do Not Pay For 15 Months!

Loveseat $579.97 Chair $499.97
55101-S/L/C

Also available in red or chocolate.

Bonded Leather Sofa

SOFA ONLY
$599.97
Plus Do Not Pay For 15 Months!

HOT BUY!

Loveseat $579.97 Chair $499.97 94602-S/L/C, 94601-S/L/C, 94603-S/L/C

DYNAMIC FURNITURE CORP.

6-Pc. Mocha Queen Bedroom

Includes the headboard, footboard, rails, dresser, mirror and nightstand.
343PK6

HOT BUY!

All 6 Pieces ONLY
$899.97
Plus Do Not Pay For 15 Months!*

5-Pc. Branson Casual Dining

Includes the table and 4 chairs.
BR400VPK5

HOT BUY!

All 5 Pieces ONLY
$399.95
Plus Do Not Pay For 15 Months!

Special Purchase!

Jennifer Queen Mattress Set

JENNFRQPK

QUEEN SET ONLY
$499.97
Plus Do Not Pay For 15 Months!

Limited Quantities. Also available in Twin and Full

Also available in brown, spice, blue or white.

HOT BUY! Storage Ottoman **$199.95**
J070RED/BLU/BRN/SPC/WHT

HOT BUY! Genero Futon **$269.97**
GENERO

Also available in plum.

HOT BUY! Sophie Wing Chair **$299.97**
SOPHIE-BC/PC

HOT BUY! 3 Pack Tables **$299.95**
T141-13

UNITED FURNITURE WAREHOUSE®
www.ufw.com

Vancouver ***3057 Grandview Hwy. 604-430-8899*** Mon.-Fri.9-9 Sat. 9-6 Sun.11-6

* O.A.C. All credit offers available upon approval of credit only on your United Furniture Card, minimum purchase of $250. Any delivery charges, GST (5%), PST or HST taxes (if applicable), and administration fee ($99.95) are required to be paid at time of purchase. Balance due January 2013. Interest may accrue for the final 25 days prior to the promotion's payment due date at an annual rate of 29.9%, but will be waived if the payment of the balance is made in full by the due date. See in store or refer to your United Furniture Card Account Holder Agreement for full details. ‡Product may vary by location and may not be exactly as illustrated. We reserve the right to limit quantities by store and per purchase. +This offer cannot be combined with any other discount or bonus gift purchase, sale, or other promotion, unless otherwise specified. ΔExcludes discounted, clearance, promoted offers and advertised specials. See in store for complete details. Valid October 7 - 10, 2011, unless otherwise indicated.

Four Pillars: 10 years later

- Past decade has been slow going for policy author
- Court decision on Insite may accelerate progress

MATT KIELTYKA
@METRONEWS.CA

MATT KIELTYKA/METRO FILE

▶ Donald MacPherson authored the City of Vancouver's award-winning Four Pillars drug policy, which was put into action 10 years ago.

Prevention, treatment, harm reduction and enforcement.

It's been 10 years since the Four Pillars drug strategy has been official policy in Vancouver — and although the comprehensive model of dealing with the city's drug epidemic has worked, it hasn't been on the scale the policy's author envisioned in 2001.

"We're getting there slowly, but scale is the one thing that's been really difficult for me and still bogs (the strategy) down," Donald MacPherson admits. "When I wrote the policy, I really thought this could elicit a bigger response."

The prime example of MacPherson's frustration is the Four Pillars' poster child: the Insite supervised injection site.

When the Downtown Eastside facility opened in 2003, MacPherson says it was long overdue.

And despite all research pointing to the benefits of the site, the federal government's staunch opposition to it (until they were finally shot down by the Supreme Court of Canada last week) has limited Insite's impact and stopped offshoots from sprouting up.

O Vancouver Coastal Health didn't record a single death at Insite in 2010.

"If your building is on fire, you don't go through a long, drawn-out public process," MacPherson says. "The DTES was on fire. It's been eight years and we still don't have another one."

The policy expert says there's a need for more supervised injection sites, but they don't have to be as large as Insite.

Clinics, shelters and other facilities could easily incorporate harm-reduction practices, he said.

Despite the frustration MacPherson feels at times, it's not all doom and gloom.

Vancouver has made great inroads in shelter, housing, cutting down on bloodborne infection rates and overdose deaths in the 10 years since the Four Pillars were set in stone.

The policy works and MacPherson hopes that the strategy can kick into second gear now that Insite's legal battle is over.

"If you walk anywhere in Vancouver, it's still a big issue," he said. "Let's really take a good look at the need and address the problems."

Pillar's foundations still standing strong

MATT KIELTYKA
@METRONEWS.CA

DARYL DYCK/THE CANADIAN PRESS

▶ Trays of supplies are prepared at Insite.

Don't you dare tell Larry Campbell the Four Pillars approach is broken.

Like NPA mayor Philip Owen before him, Campbell was one of the strategy's biggest proponents during his time as Vancouver mayor, from 2002 to 2005.

Despite federal opposition to harm reduction and critics claiming the policy is somehow broken, the senator is fiercely adamant the model works.

"How is it broken? More people are in shelter, overdose deaths are dropping, HIV rates are dropping, people are getting into treatment. Isn't that what we want?" asked Campbell. "(The opposition) is purely political. It's not broken. We're not getting as much buzz anymore because people know it works."

Before Insite opened in 2003, Campbell said officials had written off the drugs, disorder and death plaguing the Downtown Eastside.

"When I was coroner, it was every single day, there would be five or six people dead, drugs sold in the open," he said.

Coun. Kerry Jang — a doctor and psychiatry professor — says the strategy is at the heart of all of the city's urban health, safety and housing initiatives.

"They're very much alive," he said. "You look at something like our winter HEAT shelters, all four pillars are in place. It has become how we do business."

Jang contends the Four Pillars have created a huge shift in the city.

Some argue there hasn't been enough of a shift.

NPA mayoral candidate Suzanne Anton has accused Mayor Gregor Robertson of taking focus off drug policy in the past three years.

On a national level, Campbell says the Supreme Court of Canada decision in Insite has given other cities "the green light."

Policy timeline

1990s: Cities in Europe and Australia begin Four Pillars strategies.
1997: Four Pillars Coalition established in Vancouver to discuss drug policy.
2000: Vancouver mayor Philip Owen releases paper on Four Pillars strategy.
May 2001: The Four Pillars approach is adopted as policy by the City of Vancouver.
June 2003: Health Canada approves supervised-injection-site pilot project.
Sept. 21, 2003: Insite opens on East Hastings as North America's first supervised injection site.
Feb. 2005: North American Opiate Medication Initiatives (NAOMI) trials begin enrolling in Vancouver.
2006: Vancouver police publish their policy on drugs, emphasizing protection for the vulnerable.
Sept. 24, 2007: Onsite, an extension of services at Insite, opens a detox facility and transitional-housing unit.
Sept. 30, 2011: Supreme Court of Canada rules against federal government's bid to close Insite.

CHELSEA ALTICE

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

Lotto MAX
$50 Million EST.
EST. 2 x $1 Million MAXMILLIONS™
BIGGER JACKPOTS. EVERY FRIDAY.
PLAY NOW .COM
bclc
Know your limit, play within it. GameSense
19+

FOSTER. BY MOSAIC.

Everyone should have a home this refined. And now everyone can. One, two and three-bedroom apartments in West Coquitlam – starting from the mid $200's.

mosaichomes.com/foster 604.936.9300

MOSAIC FOSTER
REDBRICK APARTMENTS

Prices subject to change. This is not an offering for sale. Any such offering can only be made with a disclosure statement. E. & O.E.

On the street

Did Steve Jobs change your life?

Shelby Kozub
31, WINNIPEG
"The iPod changed how we thought about music. He was a huge influence on everyone."

Raynor Ebanks
28, TRADER, NEW JERSEY
"I'd go to Best Buy to get CDs, and now I go to iTunes. It's now changed media for me."

Wesley Koetje
21, SHOP ASSISTANT, AMSTERDAM
"No, I just have an iPod. Apple is a good brand, but if Jobs hadn't developed it, someone else would."

Carol Orbant
45, HOUSEWIFE, LONDON
"He changed our way of life. He changed the way we interact, with products like the iPad."

Tweets

Twitter reaction to the death of Steve Jobs:

- **@Proteautype:** What John Lennon & Kurt Cobain were to music & Cezanne & Picasso were to painting, Steve Jobs was to computers. RIP to a true genius.
- **@natlauzon:** RIP #Steve Jobs. Just too big a loss for 140 characters.
- **@Victor_Lucas:** Steve Jobs was a futurist. I'm looking forward to enjoying products that he and his colleagues dreamed up together for years to come.

PAUL CHIASSON/THE CANADIAN PRESS

▶ A woman walks past a memorial for Apple co-founder and former CEO Steve Jobs as she enters an Apple Store yesterday in Montreal. Jobs died Wednesday at the age of 56.

Jobs' vision hailed by Canadian tech industry

Apple co-founder's work made current app boom possible, Canadian companies say ◗ Memorials pop up outside Apple stores across the country

Canada's app developers, who have made everything from games to cooking to sports applications for the iPhone and iPad, recalled on Thursday how Apple founder Steve Jobs gave them a livelihood and a purpose.

"At its core, there wouldn't be anything that we're doing without the App Store, without the iPhone, without Steve," Kerry Morrison, CEO of Vancouver-based app developer EndLoop, said yesterday.

Jobs, 56, died Wednesday after a battle with cancer.

Condolences poured in from across the country, from users of the popular iPhone, iPod and iPad products, to the executives of Canadians companies who have either struggled to compete with Apple's cutting-edge products or benefited from their popularity.

"Steve Jobs was a great visionary and a respected competitor," Mike Lazaridis and Jim Balsillie, co-CEOs of rival Research in Motion, said in a statement.

RIM, developer of the BlackBerry smartphone, has arguably suffered the most from the rise of the iPhone, but also helped build an audience for the phone technology that Apple cultivated further.

"Steve's passion for simplicity and elegance leaves a legacy that will endure."
STEPHEN ELOP, NOKIA CEO

Nokia chief executive Stephen Elop, a graduate of McMaster University in Hamilton, reacted on his Twitter account.

"Steve's passion for simplicity and elegance leaves a legacy that will endure," said Elop, who was born in Ancaster, Ont.

For Morrison, Apple's App Store has given developers a tool for worldwide access to consumers.

"Being able to sell locally is great," Morrison said. "Being able to sell nationally is even better. But to sell globally, that's what makes everything possible."

THE CANADIAN PRESS

More coverage {page 16}

LIGHTEN UP!
SAVE 20% on all lighting
Save on our stunning selection of pendant lighting, floor & table lamps.
Live large in your small space.
2306 GRANVILLE ST. @ 7TH AVE. | 604-734-4395 | WWW.INDUSTRIALREVOLUTION.NET
INDUSTRIAL REVOLUTION

More coverage {page 11}

Every day 27 Canadians are diagnosed with a brain tumour.

Symptoms can include:

- Blurred or double vision
- Weakness
- Personality changes
- Morning nausea and vomiting

braintumour foundation OF CANADA

braintumour.ca/BTAM
1-800-265-5106

Caffeine capped in energy drinks

Feds announce new rules for drink manufacturers
Changes include limits on caffeine levels, labelling

The federal government will impose limits on the amount of caffeine that energy drinks may legally contain, Health Minister Leona Aglukkaq said Thursday, but won't restrict where they may be sold.

Ottawa also plans to require manufacturers to provide consumers with more information about high-caffeine beverages, Aglukkaq said.

Her announcement stopped short of recommendations by the Expert Panel on Caffeinated Drinks convened by Health Canada. It had called for energy drinks to be sold over the counter in pharmacies, like painkillers and other medications.

"I believe today's changes will be especially helpful to the parents of teenagers who regularly consume energy drinks," Aglukkaq said.

Until now, energy drinks — like Red Bull, Monster Energy and Rock Star — were not required to display a nutritional facts table.

The change means that most energy drinks will be classified as a food, which means nutritional facts must be displayed on every can.

They had previously been classified as natural health products.

The government anticipates the transition in labelling will take between 18 and 24 months.

The change brings Canadian labelling in line with the United States and European countries.

Aglukkaq made her announcement on the energy drink plan at the University of Ottawa sports complex.

"As a parent, I need to have access to as much information as possible, to help us as a family make decisions when it comes to what we eat and drink," Aglukkaq said.

She said the changes are aimed at making it easier for parents to monitor their children's caffeine intake. THE CANADIAN PRESS

Marching. On

▶ A girl has a paper that reads "Don't touch me" pinned to her outfit in Bucharest on Thursday during the Romanian version of the SlutWalk march.

VADIM GHIRDA/THE ASSOCIATED PRESS

Making a statement

The SlutWalk was the first of its kind in Romania, a country where it is still widely believed that sexual-aggression victims bear at least some responsibility for being targeted.

Held over by
popular demand
Unlimited Data, Talk,
Text and much more
/mo
mobilicity.ca
Guaranteed Rate for Life.
Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. 'Guaranteed Rate for Life' means your $25 plan shall remain $25 for as long as your account remains active with Mobilicity. All features included in each plan must originate within a Mobilicity Unlimited Zone. Premium and special numbers are excluded. 'Unlimited Text' refers to text messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. ©2011 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.
mobilicity
Now that's smart.

Mobilicity Stores

Burnaby
Station Square
Crystal Mall
Coquitlam
562 Clarke Rd, Unit E
Delta
8673 120th St, Unit B
Scottsdale Centre
New Westminster
Westminster Centre
555 6th St, Unit 135
Richmond
8180 No 2 Rd, Unit 128
Aberdeen Mall
Admiralty Centre
Lansdowne Mall
Presidents Plaza
Surrey
Central City Mall
10255 King George Blvd
Payal Business Centre
Vancouver
1641 Commercial Dr, Unit 105
568 Dunsmuir St
2390 East Hastings St
6338 Fraser St
1463 Kingsway Ave
3081 Main St
530 West Broadway
Broadway & Commercial Skytrain Station
Harbour Centre
Tinseltown
North Vancouver
144 Chadwick Court
1840 Lonsdale Ave

Mobilicity In-Store Kiosk @ Money Mart

Vancouver
2595 Commercial Dr
1195 Davie St
952 Granville St
3398 Kingsway Ave
345 East Broadway
New Westminster
389 Columbia St, Unit 329

Authorized Dealers

Burnaby
Aproman: 4501 North Rd
New Westminster
MVP Electronics: 807 Carnarvon St
Surrey
City Zone Mobile: 15277 100th Ave
Freedom Wireless Ltd: 7028 120th St, Unit 210
Vancouver
Leading Age Computers: 3399 Kingsway Ave
Vancell Repairs: 3292 E 29th St

BRING OLD MAN WINTER TO HIS KNEES.

GET WINTER READY WITH SAFETY FEATURES LIKE TRACTION CONTROL, AVAILABLE 4X4, AND TRAILER SWAY CONTROL.

Ford WINTER READY

BUILT Ford TOUGH

2011 F-150 SUPER CAB XLT 4X4

OWN FOR ONLY

$29,999*

INCLUDES $7,500† IN MANUFACTURER REBATES AND $1,550 FREIGHT AND AIR TAX.

PLUS

ELIGIBLE CUSTOMERS GET $1,000 COSTCO INCENTIVE & $2,500 RECYCLE YOUR RIDE INCENTIVE

ELECTRONIC STABILITY CONTROL‡ | TRACTION CONTROL | AVAILABLE ECOBOOST™

10.5L/100 km 27 MPG HWY**
15L/100 km 19 MPG CITY**

NOW IT'S EASY TO OWN WINTER WITH GREAT OFFERS LIKE

UP TO **$10,000** IN MANUFACTURER **REBATES**†

2011 SUPER DUTY DIESEL AMOUNT SHOWN

+

RECYCLE YOUR RIDE IS BACK FOR A LIMITED TIME.

FORD LETS YOU RECYCLE YOUR **2005 OR OLDER** VEHICLE & GET

UP TO **$3,000**◆

TOWARDS MOST NEW FORD VEHICLES.

THIS OFFER IS IN ADDITION TO INCENTIVES CURRENTLY OFFERED ON QUALIFYING VEHICLES OF MODEL YEAR 2005 OR OLDER. INCENTIVES RANGE FROM $500 TO $3000. VISIT WWW.FORD.CA FOR DETAILS.

2011 RANGER SUPER CAB SPORT 4X2

OWN FOR ONLY **$14,999*** INCLUDES $6,000† IN MANUFACTURER REBATES AND $1,450 FREIGHT.

PLUS

ELIGIBLE CUSTOMERS GET $1,000 COSTCO INCENTIVE & $2,500 RECYCLE YOUR RIDE INCENTIVE

4x4 AVAILABLE FOUR-WHEEL DRIVE | TRACTION CONTROL | MP3/USB COMPATIBLE

9.8L/100 km 29 MPG HWY**
13.5L/100 km 21 MPG CITY**

2011 F-250 SUPER CAB XLT 4X4 WESTERN EDITION

OWN FOR ONLY **$39,999*** INCLUDES $8,000† IN MANUFACTURER REBATES AND $1,550 FREIGHT AND AIR TAX.

PLUS

ELIGIBLE CUSTOMERS GET $1,000 COSTCO INCENTIVE & $2,500 RECYCLE YOUR RIDE INCENTIVE

ELECTRONIC STABILITY CONTROL‡ | TRACTION CONTROL | AVAILABLE SYNC†††

AVAILABLE BEST-IN-CLASS **FUEL ECONOMY**◆

COSTCO WHOLESALE®

ELIGIBLE COSTCO MEMBERS RECEIVE **$1,000**▲

ON MOST 2011 AND 2012 FORD VEHICLES. VISIT FORDCOSTCO.CA

SIRIUS SATELLITE RADIO †† Available in most new Ford vehicles with 6-month pre-paid subscription.

Hurry in and get winter ready. Only at your BC Ford Store.

Ford

Drive one.

bcford.ca

WISE BUYERS, READ THE LEGAL COPY. Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. *Purchase a new 2011 Ranger Super Cab Sport 4X2/2011 F-150 Super Cab XLT 4X4/2011 F-250 Super Cab XLT 4X4 Western Edition/2011 F-350 Crew Cab XLT 4X4 Lariat diesel engine for $14,999/$29,999/$39,999/$57,999 after Total Manufacturer Rebate of $6,000/$7,500/$8,000/$10,000 deducted. Taxes payable on full amount of purchase price after Manufacturer Rebate has been deducted. Offers include freight and air tax of $1,450/$1,550/$1,550/$1,550 but exclude variable charges of license, fuel fill charge, insurance, registration, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Manufacturer Rebates can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Manufacturer Rebates are not combinable with any fleet consumer incentives. †Receive $6,000/$7,500/$8,000/$10,000 in Manufacturer Rebates with the purchase or lease of a new 2011 Ranger Super Cab Sport 4X2/2011 F-150 Super Cab XLT 4X4/2011 F-250 Super Cab XLT 4X4 Western Edition/2011 F-350 Crew Cab XLT 4X4 Lariat diesel engine. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Manufacturer Rebates are not combinable with any fleet consumer incentives. ◆Based on competitive data available at the time of testing using Ford drive-cycle tests (in accordance with the guidelines of the Society of Automotive Engineers' Standard J1321) of comparably equipped models. Class is Full-Size Pickups over 8,500 lbs. GVWR. **Estimated fuel consumption ratings for the 2011 Ranger 4X2 4.0L V6 5-speed Manual transmission: (13.5L/100km (21MPG) City, 9.8L/100km (29MPG) Hwy) 2011 F-150 4X4 5.0L V6 6-speed Automatic transmission: (15L/100km (19MPG) City, 10.5L/100km (27MPG) Hwy). Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ‡Remember that even advanced technology cannot overcome the laws of physics. It's always possible to lose control of a vehicle due to inappropriate driver input for the conditions. ‡‡Some mobile phones and some digital media players may not be fully compatible – check www.syncmyride.com for a listing of mobile phones, media players, and features supported. Driving while distracted can result in loss of vehicle control, accident and injury. Ford recommends that drivers use caution when using mobile phones, even with voice commands. Only use mobile phones and other devices, even with voice commands, not essential to driving when it is safe to do so. SYNC is optional on most new Ford vehicles. †††2011 Sirius Canada Inc. "SIRIUS," the SIRIUS dog logo, channel names and logos are trademarks of SIRIUS XM Radio Inc. and are used under license. ▲Offer only valid from September 1, 2011 to October 31, 2011 (the "Offer Period") to resident Canadians with a Costco membership on or before August 31, 2011. Use this $1,000 CDN Costco member offer towards the purchase or lease of a new 2011/2012 Ford/Lincoln vehicle (excluding Fiesta, Focus, Ranger, Raptor, GT500, Mustang Boss 302, Transit Connect EV & Medium Truck) (each an "Eligible Vehicle"). The Eligible Vehicle must be delivered and/or factory-ordered from your participating Ford/Lincoln dealer within the Offer Period. Offer is only valid at participating dealers, is subject to vehicle availability, and may be cancelled or changed at any time without notice. Only one (1) offer may be applied towards the purchase or lease of one (1) Eligible Vehicle, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. This offer can be used in conjunction with most retail consumer offers made available by Ford Motor Company of Canada at either the time of factory order (if ordered within the Offer Period) or delivery, but not both. Offer is not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). Applicable taxes calculated before $1,000 CDN offer is deducted. ▼Program in effect from October 1, 2011 to January 3, 2012 (the "Program Period"). To qualify, customer must: turn in a 2005 model year or older vehicle that is in running condition (able to start and move and without missing parts) and has been properly registered/plated or insured for the last 3 months (the "Criteria"). Eligible customers will receive ($500)/($1,000)/($2,500)/($3,000) towards the purchase or lease of a new 2011/2012 Ford (Fiesta (excluding S), Focus (excluding S))/Fusion (excluding SE), Taurus (excluding SE), Mustang (excluding Value Leader), Escape (excluding XLT 14 Manual), Transit Connect (excluding EV), Ranger (excluding Regular Cab 4x2 XL), Edge (excluding SE), Flex (excluding SE), Explorer (excluding base)/(F-150 (excluding Regular Cab 4x2 XL), Expedition, E-Series)/(F250-550) – all Raptor, GT500, BOSS302, and Medium Truck models excluded (each an "Eligible Vehicle"). Taxes payable before Rebate amount is deducted. To qualify: (i) customer must, at the time of the Eligible Vehicle sale, provide the Dealer with (a) sufficient proof of Criteria, and (b) signed original ownership transferring customer vehicle to the Authorized Recycler; and (ii) Eligible Vehicle must be purchased, leased, or factory ordered during the Program Period. Offer only available to residents of Canada and payable in Canadian dollars. Offer is transferable to persons domiciled with the owner of the recycled vehicle. Offer can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Offer not available on any vehicle receiving CPA, GPC, or Daily Rental Rebates and the Commercial Fleet Rebate Program (CFRP). Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2011 Ford Motor Company of Canada, Limited. All rights reserved.

Jobs known for following gut instinct

The world has lost an amazing human being: New Apple CEO Tim Cook

ELISABETH BRAW
NEWS@METRONEWS.CA
METRO WORLD NEWS IN LONDON, U.K.

Steve Jobs, born in California 56 years ago, achieved the kind of domination that eluded the Soviet Union.

Apple's initial goal, however, was quite modest. "We didn't think that computers would be able to play sophisticated games, play songs or do video editing, or even that the Internet would exist," said Steve Wozniak, who co-founded Apple with Jobs.

"We thought people would use computers at home for very simple things, like organizing their recipe collection."

Jobs didn't use consumer focus groups, but trusted instinct. "Steve leaves behind a company that only he could have built, and his spirit will forever be the foundation ..." wrote Apple CEO Tim Cook in an email to the staff.

JOBS AT HEART OF APPLE

Tech columnist Dan Gillmor has covered Apple for two decades.

What would Apple be had Jobs not returned?
Nowhere near where it is now. Apple's success would not have happened without Steve Jobs.

How does Bill Gates compare to Steve Jobs?
Microsoft makes good products, but nobody would argue that Windows and Microsoft Office have the elegance that Apple products do.

What was his genius as a leader?
He was charismatic and built a brilliant team, and he had the ability to persuade others about the power of things. He also had an incredibly instinct for design, and instinctively knew what people would like ....

Where does Apple go now?
They have momentum that will carry them a long way, but the company will have to change. The big question, of course, is how it will change.

METRO WORLD NEWS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold
+ 322.85 (11,780.07)	+ 0.22¢ (96.36¢ US)	+ $2.91 US ($82.59 US)	$2.9 (– 3.54¢)	$1,653.20 (+ $11.60)

AVAILABLE AS OF 5 P.M. THURSDAY

VANCOUVER OPERA PRESENTS
WEST SIDE STORY
OCTOBER 22nd – 29th
QUEEN ELIZABETH THEATRE | TICKETS FROM $35
EVENING PERFORMANCES @ 7:30PM MATINEE PERFORMANCES @ 1:30PM
vancouveropera.ca
604.683.0222
PRODUCTION SPONSOR
MISSION HILL
WEST SIDE STORY
Based on a Conception of JEROME ROBBINS Book by ARTHUR LAURENTS Music by LEONARD BERNSTEIN Lyrics by STEPHEN SONDHEIM
Entire Original Production Directed and Choreographed by JEROME ROBBINS
Originally Produced on Broadway by Robert E. Griffith and Harold S. Prince By Arrangement with Roger L. Stevens
SEASON SPONSOR
GOLDCORP

2011 MODEL YEAR WRAP UP

2011 CHEVROLET MALIBU LS

WRAP UP PRICE

$19,998* INCLUDES FREIGHT & PDI

INCLUDING NEW **$4,600♦** CASH CREDIT

- Better Highway Fuel Efficiency than Camry LE, Accord LX and Fusion SE.**
- *Consumers Digest* Best Buy 2 years running.†
- IIHS Top Safety Pick.◊
- Plus, 6 months of OnStar advantage for Directions and Connections Plan.

CONSUMERS BEST BUY DIGEST

TOP SAFETY PICK 2011

48 MPG

HWY: 5.9 L/100 km – 48 mpg
CITY: 9.4 L/100 km – 30 mpg▼

2011 CHEVROLET MALIBU

GM CANADA 5 YEARS 160,000 KM THE BEST COVERAGE IN CANADA
• POWERTRAIN COMPONENT LIMITED WARRANTY
• ROADSIDE ASSISTANCE
• COURTESY TRANSPORTATION

TO FIND YOUR BC DEALER AND SEE OUR OFFERS, VISIT:
CHEVROLET.CA

CHEVROLET

SCAN HERE TO FIND YOURS

ON NOW AT YOUR PRAIRIE CHEVROLET DEALERS. PrairieChevrolet.com 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. */♦ Offers apply to the purchase of a 2011 Chevrolet Malibu LS (R7A) equipped as described. Freight included ($1,450). License, insurance, registration, PPSA, administration fees and taxes not included. Dealers are free to set individual prices. Offer available to retail customers in Canada between September 1, 2011 and October 31, 2011. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in the BC Chevrolet Dealer Marketing Association area only. Dealer order or trade may be required. GMCL, Ally Credit or TD Financing Services may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See Chevrolet dealer for details. ♦$4,600 manufacturer to dealer delivery credit available on 2011 Malibu LS (tax exclusive) for retail customers only. Other cash credits available on most models. See your GM dealer for details. ♥Based on Natural Resources Canada's 2010 Fuel Consumption Guide ratings. Your actual fuel consumption may vary. ◊U.S. Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (NCAP). For more information on safety ratings, go to www.safercar.gov. (HOLLOW STAR) The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under licence. **2011 Chevrolet Malibu with 6-speed automatic transmission and 2.4L Ecotec engine and comparably equipped (4 cyl./automatic transmission) 2011 Toyota Camry and 2011 Ford Fusion. Fuel consumption ratings based on Natural Resources Canada Fuel Consumption Website. Highway fuel consumption as low as 5.9 L/100km. City fuel consumption as low as 9.4 L/100km. Your actual fuel consumption may vary. Excludes hybrid models.

AGAINST MY BETTER JUDGEMENT

THE METRO LIST

MIKE BENHAIM
METRO

1 Ice dreams: The beginning of the NHL season is a wonderful optimistic time. Just yesterday someone in Toronto said "The Leafs are going all the way!" The fact that he was drunk at 11 a.m. and seemingly hadn't showered since last season did not diminish his enthusiasm. Here's to bringing the cup back to Canada!

2 Yeah, baby!: Congratulations to Mike Myers and wife Kelly Tisdale on the birth of their baby boy last week. They named him Spike Myers. Once again, comedians never know where to draw the line. Good luck in preschool, Spike.

3 What the Hell: Avril Lavigne played to a sparse crowd at Rogers Arena in Vancouver this week, but no biggie for such a poised professional. Now an introspective divorcee with her own line of clothing and fragrance, she delighted parents whose kids would bear witness to Avril's patriotic cheers. "It's pretty badass to be back in Canada. We're going to need you to go f–ing crazy!" Sniff, our little girl's all growed up.

4 Congratu...wha?: The Nobel Foundation broke protocol by granting McGill grad Ralph Steinman the coveted prize for research that produced treatments for cancer and HIV, among others. The statute prohibits granting the award posthumously, but it wasn't until three hours after the award was announced that Nobel officials found out Steinman had succumbed to cancer two days earlier. Is this guy lucky or what?

5 Gun-shy: A report written by Caillin Langmann at McMaster University suggests that gun-control legislation is not responsible for Canada's reduction in firearm homicides. Langmann, who opposes strict gun laws, credits social programs and demographic shifts for the change. I think he's saying that people should have firearms but should be open to other forms of violence before resorting to them.

6 Feist-y: Canadian sweetheart Feist has emerged from a two-year hiatus with an impressive album, Metals. She took a rest after going full-speed for most of the 2000s, then compiled her new CD, spent weeks in Paris mixing it, then a while in London for mastering, and is already earning critical acclaim and money. Have I made the wrong career choice? I blame my parents.

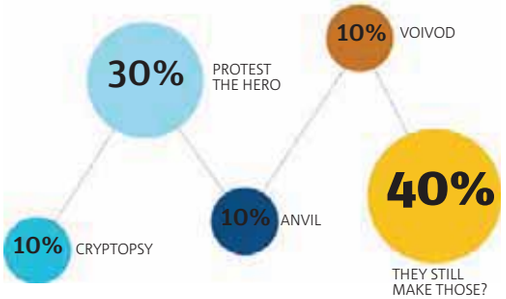
7 Ordinary people: The 18-year-old, identity-protected young murderer from Medicine Hat is now rehabilitated. For those who don't know: At 12-years-old, she helped her 23-year-old boyfriend kill her parents and eight-year-old brother because they opposed the relationship (so strict). Now, after six years at a young-offenders centre, she is deemed "low-risk" for future violence. Apparently, intensive therapy has brought her to the realization that offing the family may have been a tad harsh. Where is Jerry Springer when you need him?

8 Oh, Canada: It seems like only yesterday I was heading to the polls to cast my vote for what I call "the party of least reluctance." But I am not ashamed to admit that I will proudly support anyone that throws me the slightest bone, even while ignoring my needs and misrepresenting my wishes. And I am not the only one who's married?

More from Mike Benhaim at metronews.ca/backbeat

Register at metropolitanpanel.ca and take the quick poll

What band should win the Juno in the newly created metal/hard rock category?



Local tweets

- **@Vancouver-PD:** #VPD IRIT investigators release a dozen more suspect photos 52 out of 101now identified. bit.ly/oBZxvE bit.ly/qntJTM
- **@cotsonika:** Crosby headed to ice in Vancouver. Black helmet. Still go
- **@PeterMatsubara:** @HockeyHelps: Confirmed #Canucks Alumni Dave Babych, Garth Butcher and more to play Nov 25. Sign up #NHL #Vancouver eepurl.com/geOtX #li
- **@thebutt30:** Waiting on @ArtemChubarov at the gym so we can make him the hockey bloggers version of @Ryan_Kesler #nakeddrance
- **@TSNDaveHodge:** Canucks' G-M Mike Gillis says it might be only half a dozen games until Ryan Kesler dresses again.
- **@sportsnetmurph:** Canucks to honour Rick Rypien this season. Helmet decal all season long, celebration of his life Oct.18th with his family in attendance.
- **@RobertStephen3:** Gonna wait for the season opener for the CANUCKS tonight

Letters

RE: Paul Sullivan's column published Oct. 5, Nobody's right if everybody's wrong

Sublimely pointless article written by an out-of-touch, capitalist sycophant.

This writer has obviously given up on life, truth, justice and good journalism. There are young people out there who will never get the chances he takes for granted based on his generation's bad choices. The article was pointless, meandering, by an over-the-hill curmudgeon. Get him to his porch and rocking chair and let someone who still lives life write in this wasted space.

STEVEN DEBUS, TORONTO

RE: John Mazerolle's column published Oct. 6, Let's talk about birds and bees

In the last few years, huge efforts have been made to try and deal with negative self-image amongst young women. And you publish this? A rude, ignorant, offensive statement which sets back the fight and is hurtful to all the overweight women who read this paper.

VICTORIA GOODFELLOW TORONTO

Sky. Sailing

▶ Hot air balloons inflate during the 40th annual Albuquerque International Balloon Fiesta in Albuquerque, N.M., on Thursday.

SUSAN MONTOYA BRYAN/THE ASSOCIATED PRESS

Photo of the day

Dozens of specially shaped balloons inflated Thursday morning, but gusty conditions prevented them from lifting off. The nine-day Albuquerque International Balloon Fiesta wraps up Sunday.

WEIRD NEWS

Does God hate non-iPhone tweeting?

Members of fundamentalist Westboro Baptist Church announced plans to picket Steve Jobs' funeral — from an iPhone.

Shortly after news of the Apple founder's death Wednesday night, Margie Phelps, daughter of the church's founder, used one of Apple's iconic devices to tweet the family-run church's intention to protest at Jobs' funeral.

"Westboro will picket his funeral. He had a huge platform; gave God no glory & taught sin," she tweeted.

The message was retweeted by other iPhone-wielding Phelps family members who make up the small but controversial church.

On Thursday, Phelps responded to criticism over her use of an Apple product to send out the messages.

"Rebels mad cuz I used iPhone to tell you Steve Jobs is in hell. God created iPhone for that purpose!" she wrote.

The Kansas-based church is infamous for mounting attention-getting anti-gay protests outside military funerals.

TORSTAR NEWS SERVICE

metro

METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax:604-648-3222 • Advertising number: 604-602-1002 • metronews.ca/vancouver/advertise • metronews.ca/vancouver/contactus • **Publisher** Maryse Lalonde, **Managing Editor** Jeff Hodson, **Distribution Manager** George Acimovic • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

THE BOARDROOM BR SNOW • WAKE SKATE • SURF
JIBLETS SALE OCTOBER 7TH-10TH

Synopsis

- Ides of March focuses on Stephen Myers (Ryan Gosling), an idealistic campaign manager who'd do anything to win, as long as he truly believes in the candidate. He is devoted to Governor Mike Morris (Clooney), a candidate in the Democratic primary. The first hour is spent getting into the campaign, learning the machinations of a big league primary run. Clooney sets up the themes of the piece before taking a right turn (story-wise) into different territory.
- **Ratings:**
  Richard: ⊕⊕⊕½
  Mark: ⊕⊕⊕⊕

▶ Phillip Seymour Hoffman and George Clooney in Ides of March.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Packing a political punch

Ides of March is a smart, sophisticated look at power and politics, with great acting Viewers will be left wondering how many Oscar nominations it will get

Richard: Mark, I'm not going to give away the twist, but it is really then that the movie picks up steam. The first hour is good stuff, with its great acting from Paul Giamatti and Phillip Seymour Hoffman and a fascinating, if occasionally dry, look at life in the political fast lane. Then comes the blackmail, the meetings in darkened stairwells and double-crossing journalists and it becomes something darker and more interesting.

Mark: Richard, the movie had me from the opening scenes. Well-acted, great script; a smart and sophisticated film about power and politics. I knew there had to be a twist, but I liked it even before the twist. Personally, I didn't find it dry at all, but I follow political campaigns the way that most people follow sports. But you're right; once it becomes a cat and mouse game it really gets exciting.

RC: To me it feels like a sexed-up All the President's Men, a movie filled with good-looking movie stars that still packs a serious punch. Gosling impresses as he makes his way from idealism to stark realism, and Clooney looks like he was born to sit in an oval office. But it is the supporting cast who really shine. What did you think of Giamatti and Hoffman?

MB: Brilliant, both of them! But don't leave out Marisa Tomei and Evan Rachel Wood in smaller but crucial roles. Another thing about the movie that impressed me was that although the film was based on a play, it didn't feel "stagey" as a lot of these adaptations do. Clooney really opened it up and at no time did I think I was watching what had once been a play. And I'll put you on the spot — how many Oscar nominations do you think the movie will get?

RC: We're looking at a few nominations overall and maybe a win for either Giamatti or Hoffman. They both reek of the backroom, the kind of guys who invisibly pull the strings. I also thought Clooney did some good work here. If his character leans any further left he'll topple over, but it's not a love letter to the left. If anything the movie levels the playing field between the Democrats and Republicans, suggesting they're cut from the same cloth.

MB: The movie raises Clintonian ethics issues — can a politician be deeply flawed in his private life and yet be the most skilled and humane legislator in the field? And then it goes further to suggest that moral corruption is inevitable. How could I not love this flick?

2 scene

Scene in brief

Paramount Pictures is launching a global "Tweet To See It First" promotion, which will bring Paranormal Activity 3 to 20 cities across the world on Oct. 18 — three days before the film's global release. Head to Paranormal-Movie.com for info on how to represent your city. The competition ends next Thursday. METRO

Oscar organizers aim to create world-class film exhibition at site of L.A. art museum.

LASIK MD VISION
Why settle for old technology? Get LASIK!

Before MP3s

Before Laser Vision Correction
LASER VISION CORRECTION
Starting at
$490 /eye*
PRK and All-Laser LASIK Available
FREE Consultation: 1-877-663-9888 • www.lasikmd.com
* Prices are subject to change without prior notice and vary based on prescription strength. Custom LASIK/PRK starting at $990/eye. Applicable to surgery on both eyes only. Other conditions may apply.
NEW! SURREY: 10340 152nd Street
VANCOUVER: 1281 West Georgia Street, Suite 101

THE BOARDROOM BR SNOW · WAKE SKATE · SURF
JIBLETS SALE EVERYTHING IS ON S

On-screen horror in a parka

SUBMITTED

▶ Mary Elizabeth Winstead

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

With titles like Final Destination 3, the Ring Two and Black Christmas in her filmography, actress Mary Elizabeth Winstead is no stranger to on-screen horror. So a prequel to the Thing was right up her alley. Plus, the Antarctic setting didn't allow for much in the way of revealing costumes, which is something Winstead says she appreciated, considering how female characters tend to be portrayed in the horror and science fiction worlds.

She shared her rather frank opinions on the topic with Metro, as well as her unique connection to the star of the original 1982 the Thing.

So, you've tangled with Kurt Russell in Sky High, sang with him in Death Proof and now you're in the prequel to one of his films.
I know! I'm always following Kurt Russell, for some reason.

Has he seen this yet?
I have no idea. I mean, he's so not a show business type guy that I wouldn't be surprised if he didn't know that this exists. He probably in passing has heard about it, but I doubt he's worrying about it too much.

How did you feel about this being a prequel?
Knowing that it was from Strike Entertainment, it was a clue that these were the kind of people — from their past work like Dawn of the Dead — they have a grasp on how to take material and make something new out of it that's still respectful and interesting and not just a retread that's more modern and more schlocky than the first one that came around.

Comparisons to Sigourney Weaver's character in Alien is almost inevitable here.
I love them. I have a particular fondness for strong women on screen who are also realistic. It's really fun to see women kicking ass and being super-powerful, but at the same time I feel like there's this niche that we don't see of women who are just realistically strong and smart and take care of themselves but aren't beating up guys twice their size and knocking them out — things that just wouldn't happen in the real world.

It's interesting that filmmakers seem to think female characters have to be at one end of the spectrum.
Right. It's so shocking to me that there aren't more realistic female characters out there, because we make up half the population. Why is everything so dominated by what guys want to see? Every female character in a movie is over-sexualized or she's played as shrill and neurotic or something that's a very male perspective on different types of women that are out there.

I feel like a lot of actresses, when they play a super-sexual character, they're like, "No, this is empowering and women owning our sexuality" and stuff. I get that, but I don't feel like that's what we're really seeing.

A few facts

- **Vital stats:** Raised in Salt Lake City, Winstead, 26, was trained as a singer and ballet dancer before turning to acting, garnering attention for her role in superhero spoof Sky High.
- **Cult status:** Winstead is beloved by geeks the world over for playing hair dye-loving object of affection Ramona Flowers in 2010's Scott Pilgrim vs. the World.

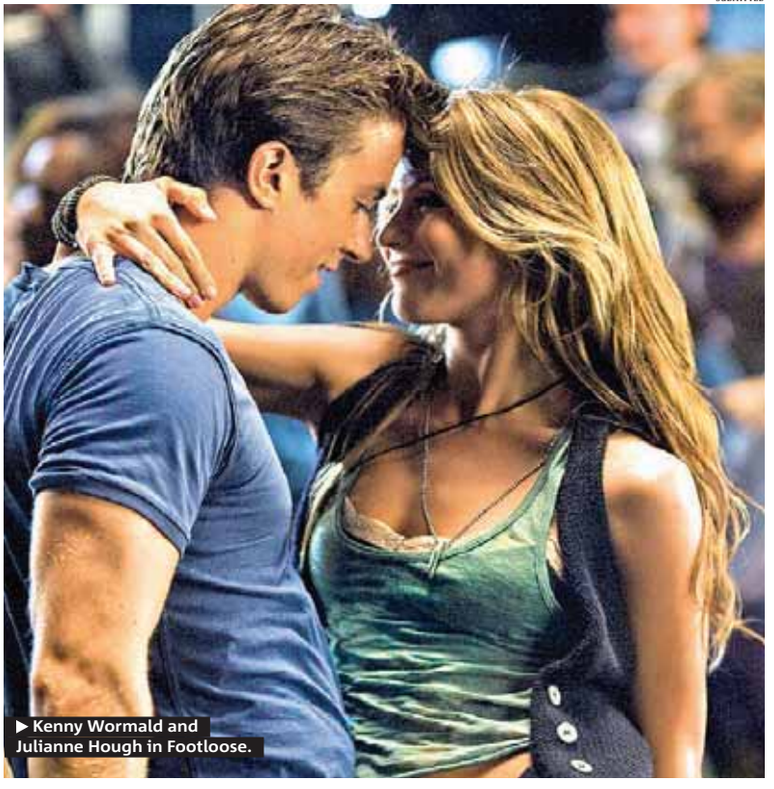
THE BOARDROOM
BR
SNOW · WAKE
SKATE · SURF
OCTOBER 7TH-10TH THE
JIBLET
EVERYTHING IS ON SALE 10%-50
ALL snowboards, boots, bindings, oute
footwear, apparel & accessories are
2011 FINALIST IN THE CATEGORY OF FAVOURITE SKI/BOARD STORE
BEST SNOWBOARD SHOP
best of
2010.11
RETAILER
VANS "OFF THE WALL"
WAFFLE BREAKFAST
FREE waffles & gift with purchase of 2012 Vans Snowbo
Sat Oct 8th 10am - 1pm at W4th Ave / Sun Oct 9th 10am - 1pm at 2057
1745 West 4th Ave. Vancouver 604-734-7669 / Lon
Clearance Store: 1717 West 4th Ave. Vancou

SALE 10%-50% OFF OCTOBER 7TH-10TH
THE BOARDROOM BR SNOW · WAKE SKATE · SURF
BOARDROOM'S ANNUAL
S SALE
% OFF
erwear,
n sale.
usiness
CANADIAN
OF THE YEAR
oard Boots
onsdale Ave.
sdale: 2057 Lonsdale Ave. N.Vancover 604-985-9669
ver 604-742-0032 / www.boardroomshop.com

Remaking a teenage classic

Director Craig Brewer treads carefully in his version of Footloose Chooses not to attach big names

SUBMITTED



Kenny Wormald and Julianne Hough in Footloose.

RICHARD CROUSE
SCENE@METRONEWS.CA

The names Ren and Ariel are touchstones for a generation.

In the teen classic Footloose, big city boy Ren (Kevin Bacon) romanced Ariel (Lori Singer) and brought the boogie back to the small town of Bomont, Georgia.

Despite bad reviews, the story of teen rebellion and two-stepping struck a chord with audiences who made it one of the biggest hits of 1984.

Director Craig Brewer knew his new big-screen version had to tread carefully, reinventing the characters without losing what made them popular in the first place.

"I think all of my cast members were able to occupy the characters without there being any sort of mimicry or impersonation of the original," he says.

The project had been in development for some time, with big names like Zac Efron attached, but Brewer decided to go a different way.

"If you went in a time machine and sat with me in 1984 when I was 13 and went and saw Footloose, right before the screening happened if you would have asked me, 'What do you think of Kevin Bacon?' I would have said, 'Who?' That movie made that guy. He was already a talented actor, he just needed a movie to break him into the pop scene.

"You want to see someone new come into town, you want to have that same bit of mystery surround them so I resisted having Ren McCormack being played by a 'movie star' because then you get all the baggage of their other movies tied into this one," he says.

Kenny Wormald, a choreographer and dancer, won the role after a recommendation from Justin Timberlake, who spotted his innate talent when Kenny was a backup dancer for the singer.

For Ariel, Brewer cast the more established Julianne Hough, best known as a Dancing with the Stars champion.

After her initial audition Brewer was relieved. "I knew I had Ariel. I was excited because I had just seen the birth of a new actress who was really good and really brave."

THE BOARDROOM BR SNOW • WAKE SKATE • SURF
JIBLETS SALE OCTOBER 7TH-10TH

Rebel with a cause

Sam Childers is an unlikely hero to Sudanese orphans
Biker with a checkered past subject of new film

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS

Sam Childers has had quite the unique life, going from a drug addict and convict to a man of God who works tirelessly to rescue orphans in war-torn countries around the world. Dubbed the Machine Gun Preacher for his faith in both scripture and firearms, while building orphanages in Sudan over the past decade, Childers has met with a surprising amount of resistance to his work. But resistance, he says, he can handle. How about the glare of the Hollywood spotlight? He now finds himself being portrayed by Gerard Butler on the big screen; his past deeds, both good and bad, out for the world to see — and some of them, he tells Metro, never even happened.

Where did the nickname come from?
It started inside of Sudan when I first got there. When I started building the orphanage in 2000, I slept on a grass mat, and a lot of the village people would see me with a machine gun on one side and a bible on the other side, so they started saying, "This man is a preacher! But he has a machine gun!" So they started calling me the Machine Gun Preacher. Here in the U.S. there were a couple of stories titled Machine Gun Preacher trying to discredit me. The first time I read one I was kind of worked up, and God said, "Claim that name." It gets people's attention.

Did you have much say over what parts of your life ended up on screen?
No, not really. To be honest with you, they didn't use the most violent parts of my life. If they were going to really cover my life, they would've had to make a series. There's no way it could be done in one movie. And I hear there's even talk of doing some other stuff, too. Maybe they will. It's all in God's hands.

Do you take issue with anything presented in the film?
There was a few things that I did not do in that movie. There's a few things that might have been amped up in the movie, like the action scenes, but there's enough good that I'm satisfied. The one part in the movie where it had me robbing a drug dealer and saying a bad word to him because he's a black man — I've never done that before. Have I robbed drug dealers? A lot of them. But I've never used that kind of language. My dad's mother died when he was five years old, and he was raised by a black lady. So I grew up respecting people for who they are. I grew up not looking at colour.

PHIL BRAY/ALLIANCE FILMS

▶ The real Sam Childers, right, poses with Gerard Butler, who portrays him in the new movie Machine Gun Preacher.

Were you surprised by how much resistance your work has met with?
You'll be surprised. There's a lot of people that (don't agree with me). I had a reporter yesterday totally against guns, and I asked him, "Well, your mother is across the street, she's been raped by rebels. You have a gun right here. What would you do?" And he says, "I don't know, I have to think about it." I said, "You don't love your mother."

Why do you think other countries have been getting more attention than Sudan?
I believe that Sudan is going to get that attention now. I believe that this movie is not about Sam Childers. I believe that this movie is literally going to change a nation. South Sudan is doing a wonderful job of building their infrastructure, but Northern Sudan is still giving problems. All of these little rebel groups are all being fueled and financed by the president of Northern Sudan, Omar al-Bashir. In Darfur, there's over 6,000 children dying per month, and that's from war crimes, starvation, disease and stuff like that. So there's a serious problem. Our only hope is that this man will be taken out of office.

Start each day with a sense of purpose.
End each day safely with a sense of accomplishment.

That's the kind of outlook we are striving to achieve for our employees at Spectra Energy. We value diversity and inclusion, openness and teamwork. Ours is a high-performance culture where you're encouraged to stretch your capabilities and exercise creativity in effecting change and shaping the future.

Spectra Energy is one of North America's premier natural gas midstream companies with critical energy infrastructure connecting natural gas sources to markets and customers. Our approach extends beyond our offices and facilities into our neighbourhoods, towns and cities—through community and economic development partnerships, we cultivate talent and grow leadership.

Administrative Assistant, EHS Operations

Using your excellent organization skills and ability to multi-task, you will provide confidential secretarial and administrative support to the Director of Environmental Health and Safety (EHS) and Operations Services as well as managers and team leaders in environmental health and safety, process safety, operations management and emergency preparedness.

Equipped with at least 3 years' experience supporting senior leaders—preferably in the oil and gas industry—you have advanced skills with the MS Office suite. Ideally, you are also well-versed in SAP, are a top-notch communicator and work well under pressure.

For further information on this position and to apply online by October 17, 2011, please visit the Careers section of our website.

We thank you for your interest. Please note that only those shortlisted will be contacted.

Spectra Energy is committed to diversity in our workplace and equal access to opportunities. All candidates will be given fair consideration based on individual merit.

Spectra Energy
spectraenergy.com

THE WALL STREET JOURNAL JOE MORGENSTERN
"MONEYBALL' RENEWS YOUR BELIEF IN THE POWER OF MOVIES."
"...YOU CAN HAVE A BLAST AT 'MONEYBALL'." The New York Times MANOHLA DARGIS
★★★★ Chicago Tribune MICHAEL PHILLIPS
★★★★ CHICAGO SUN-TIMES ROGER EBERT
MONEYBALL
BASED ON A TRUE STORY
PG COARSE LANGUAGE
Moneyball-Movie.ca
COLUMBIA PICTURES
NOW PLAYING Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

Movie reviews See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Real Steel
Genre: Fantasy
Director: Shawn Levy
Stars: Hugh Jackman
●●●
For a family-friendly fantasy flick — even one about robots pummeling each other — Real Steel opens with some pretty questionable action. We meet down-on-his-luck Charlie (Hugh Jackman) pitting his robot boxer, Ambush, against a live bull at a state fair.

The film is set in a not-too-distant future when audiences' thirst for violence made human boxing obsolete in favour of the more brutal robot variety, but there's just something about watching an animal getting punched in the face that doesn't quite sit right. It doesn't help that the rest of the film's tone is actually safely in the family-friendly zone.

Robot-on-bovine violence aside, Real Steel works, minus a few bugs. The boxing itself is a marvel, with the clashing metal titans feeling incredibly real.

As for the humans, Jackman plays Charlie with just enough charm that we root for him, despite him being a pretty lackluster businessman, father and human being.

About that father bit: Charlie takes on his estranged 11-year-old son (Dakota Goyo) for a summer on the road.

Unfortunately, the film relies a bit too heavily on Goyo, possibly to distract from Jackman's character's less-than-heroic actions. And the less said about the boy's dancing, the better. **NED EHRBAR**

1911
Genre: Historical drama
Directors: Jackie Chan, Zhang Li
Stars: Jackie Chan
●●½
A historical drama about the Xinhai Revolution that brought down China's Qing Dynasty, 1911 positions Sun Yat-Sen (Chao) and Huang Xing (Chan), the revolution's leaders. But its perspective is split between military general Yuan Shikai and the Empress as well as the revolutionaries, creating a slow and confusing film. The battle scenes are well shot, but 1911 brings nothing new to the genre and will be of little interest to anyone uninterested in Chinese history.
IAN GORMELY

"PITCH-PERFECT. ONE OF THE BEST OF THE YEAR. I GIVE '50/50' AN 'A'." RICHARD ROEPER
"★★★★ '50/50' IS CONSISTENTLY, UPROARIOUSLY FUNNY. PERFECT ENDINGS ARE HARD TO COME BY: '50/50' HAS ONE." CHRISTY LEMIRE AP Associated Press
"★★★★ '50/50' WINNINGLY DEMONSTRATES THAT PROFOUND EMOTION AND WIDE-RANGING HUMOR CAN CO-EXIST IN THE SAME MOVIE." CLAUDIA PUIG USA TODAY
"★★★★ '50/50' DELIVERS 100 PERCENT." DAN JEWEL LIFE&STYLE
"ACHINGLY HILARIOUS AND HEARTFELT. '50/50' IS SOME KIND OF MIRACLE." PETER TRAVERS Rolling Stone
14A COARSE AND SEXUAL LANGUAGE
MANDATE PICTURES
50-50TheMovie.com
© 2011 SUMMIT ENTERTAINMENT, LLC, ALL RIGHTS RESERVED.
FACEBOOK.COM/EONEFILMS YOUTUBE.COM/EONEFILMS
50/50
NOW PLAYING CHECK THEATRE DIRECTORY FOR LOCATIONS AND SHOWTIMES

Rolling Stone
"A PULSE-RACING THRILLER. RYAN GOSLING IS TERRIFIC. GEORGE CLOONEY IS EXCEPTIONAL." - Peter Travers
The New York Times
"DOWNRIGHT ELECTRIFYING." - A.O. Scott
Entertainment Weekly.com
"GRIPPING AND PROVOCATIVE." - Owen Gleiberman
RYAN GOSLING GEORGE CLOONEY
THE IDES OF MARCH
Is This Man Our Next President?
COLUMBIA PICTURES
14A COARSE LANGUAGE
SMOKEHOUSE
ALLIANCE
Facebook.com/AllianceFilms TheIdesOfMarch.ca YouTube.com/AllianceFilms
STARTS TODAY! Check Theatre Directory for Locations & Showtimes.
moviefone Check out Alliance's new home on Moviefone.ca for all the latest news on our movies in theatres and at home. Visit moviefone.com/alliance-movie-trailers
FACEBOOK.COM/ALLIANCEFILMS YOUTUBE.COM/ALLIANCEFILMS

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 7 TO THURS., OCT. 13. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

VANCOUVER

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

Dinosaurs Alive! (STC) Fri 12-2 Sat-Sun 12-2-4 Mon-Thu 12-2
Hubble (STC) Fri 11-1 Sat-Sun 1-3 Mon-Thu 11-1

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Moneyball (PG) Fri 7-9:45 Sat-Mon 4-7-9:45 Tue-Thu 5-8

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

Drive (18A) Fri-Wed 1:45-4:30-7:30-9:35 Thu 1:45-4:30-9:35
The Guard (14A) Fri-Thu 1:30-3:45-7:10-9:15
The Help (PG) Fri-Thu 1-4-6:50-9:40
Midnight in Paris (G) Fri-Thu 2-4:45-7:20-9:25
Moneyball (PG) Fri-Thu 1:15-4:15-7:9:45

GRANVILLE
855 Granville St., 604-684-4000

Listings not available at press time.

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

OAKRIDGE
650 West 41st Ave., 604-263-1944

Dolphin Tale (STC) DTS Digital Sat-Mon 1:10
Dolphin Tale 3D (STC) DTS Digital Fri 6:45-9:40 DTS Digital Sat-Mon 4:15-6:45-9:40 DTS Digital Tue-Thu 5:10-7:50
Real Steel (STC) Dolby Stereo Digital, No Passes Fri 7-9:55 Dolby Stereo Digital, No Passes Sat-Mon 1-4-7-9:55 Dolby Stereo Digital, No Passes Tue-Thu 5-8
What's Your Number? (14A) DTS Digital Fri 7:15-9:50 DTS Digital Sat-Mon 1:20-4:30-7:15-9:50 DTS Digital Tue-Thu 5:20-8:10

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

Vancouver International Film Festival (STC) Fri-Thu

PARK THEATRE
3440 Cambie Street, 604-876-2747

The Ides of March (STC) Fri-Thu 1:30-4-7-9:15

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

50/50 (14A) Fri 4-7-9:15 Sat 4 Sun 1:30-4-7-9:15 Mon-Tue 4-7-9:15 Wed 4 Thu 4-7-9:15

RIO ON
BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Attack the Block (14A) Sun-Thu 9
Bric-a-Brac (STC) Fri 8-10
Cave of Forgotten Dreams 3D (G) Sun 4:30-7 Mon-Thu 7
Child's Play (14A) Fri 12
No Films Showing Today (STC) Sat

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

50/50 (14A) Fri-Thu 1:40-4:15-6:50-9:40
The Captains (STC) Thu 7
Contagion (PG) Fri-Tue 1:20-4:20-7:40-10:25 Wed 1:20-4:20-10:25 Thu 1:20-4:20-7:40-10:25
Drive (18A) Fri-Sat 1:45-4:25-7:30-10:15 Sun 1:10-4:25-7:30-10:15 Mon-Thu 1:45-4:25-7:30-10:15
Esmeralda - Bolshoi Ballet (STC) Sun 1
The Ides of March (STC) Fri-Thu 1:25-4:05-7-9:50
Killer Elite (14A) Fri-Sat 1:10-3:50-6:45-9:45 Sun 3:50-6:45-9:45 Mon-Wed 1:10-3:50-6:45-9:45 Thu 1:10-3:50-9:45
Moneyball (PG) Fri-Thu 1-4-7:10-10:20
Peter Gabriel: New Blood Orchestra in 3D (G) Wed 7
Real Steel (STC) No Passes Fri-Thu 1:05-4:10-7:20-10:30
Rise of the Planet of the Apes (PG) Fri-Tue 1:15-3:55-6:40-9:30 Wed 10 Thu 1:15-3:55-6:40-9:30
What's Your Number? (14A) Fri-Wed 10:05 Thu 1:30-4:30-7:25-10:05 Fri-Wed 1:30-4:30-7:25

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street,
604-683-Film
vifc.org

Vancouver International Film Festival (STC) Fri-Thu

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

50/50 (14A) Fri 6:40-10 Sat-Mon 1-4-6:40-10 Tue-Thu 6:40-10
The Captains (STC) Thu 7
Dolphin Tale (STC) Sat-Mon 12:50
Dolphin Tale 3D (STC) Fri 7:10-9:50 Sat-Mon 3:30-7:10-9:50 Tue-Thu 7:10-9:50
Drive (18A) Fri-Wed 7:20-10:05 Thu 10:05
The Help (PG) Fri 6:30-9:45 Sat-Mon 12:30-3:25-6:30-9:45 Tue-Thu 6:30-9:45
The Ides of March (STC) Fri 7-9:35 Sat-Mon 1:10-3:55-7-9:35 Tue-Thu 7-9:35
Real Steel (STC) No Passes Fri 6:50-9:55 No Passes Sat-Mon 12:40-3:50-6:50-9:55 No Passes Tue-Thu 6:50-9:55
Spy Kids: All the Time in the World in 4D (3D) (PG) Sat-Mon 1:30-4:10

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Abduction (STC) Fri-Mon 6:30-9:35 Tue-Thu 6:50-9:20
Contagion (PG) Fri 6:40-9:30 Sat-Mon 1:20-4:10-6:40-9:30 Tue 6:40-9:15 Wed 9:15 Thu 6:40-9:15
Dream House (PG) Fri 7:10-9:40 Sat-Mon 1:40-4:20-7:10-9:40 Tue-Thu 7:10-9:25
The Lion King 3D (STC) Fri 7-9:20 Sat-Mon 1:30-3:50-7-9:20 Tue-Thu 7-9:10
Moneyball (PG) Fri 6:50-9:50 Sat-Mon 1-4-6:50-9:50 Tue-Thu 6:30-9:30 Star & Strollers Screening Thu 1
The Smurfs (G) Sat-Mon 1:10-3:40
What's Your Number? (14A) Fri 7:20-9:45 Sat-Mon 1:15-4:30-7:20-9:45 Tue-Thu 7:05-9:35 Star & Strollers Screening Thu 1

RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

SILVERCITY RIVERPORT
14211 Entertainment Way,
604-272-7280

1911 (STC) Fri-Thu 12:45-3:55-7:10
50/50 (14A) Fri-Thu 1:10-4:05-7:15-9:50
Abduction (STC) Fri-Sat 1:05-4:25-7:20-10:10 Sun 4:30-7:20-10:10 Mon-Thu 1:05-4:25-7:20-10:10
Breakaway (PG) Fri-Thu 1:25-4:10-6:55-9:55
The Captains (STC) Thu 7
Contagion (PG) Fri-Thu 1:35-4:30-7:20-10:20
Crazy, Stupid, Love. (PG) Fri-Wed 7:15-10:15 Thu 10:15
Dolphin Tale (STC) Fri-Wed 12:50 Star & Strollers Screening Thu 1
Dolphin Tale 3D (STC) Fri-Thu 3:35-6:40-9:40
Dream House (PG) Fri-Sun 1:20-4:35-7:45-10:35 Mon-Thu 1:20-4:35-7:45-10:25
Drive (18A) Fri-Thu 1:20-4:20-7:35-10:15
Esmeralda - Bolshoi Ballet (STC) Sun 1
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Tue 12:45-3:50-7:05-10 Wed 12:45-3:50-10 Thu 12:45-3:50-7:05-10
The Help (PG) Fri-Sun 12:40-4-7:25-10:35 Mon-Thu 12:40-4-7:25-10:30
The Ides of March (STC) Fri-Sun 1:40-4:40-7:40-10:40 Mon-Wed 1:40-4:40-7:40-10:20 Thu 4:40-7:40-10:20 Star & Strollers Screening Thu 1
Killer Elite (14A) Fri-Sun 1:15-4:25-7:50-10:40 Mon-Thu 1:15-4:25-7:50-10:30
The Lion King 3D (STC) Fri-Thu 1-3:30-6:45-9:15
Moneyball (PG) Fri-Thu 12:40-3:55-7:10-10:25
Peter Gabriel: New Blood Orchestra in 3D (G) Wed 7
Rascals (STC) Fri-Thu 1:45-4:45-8
Real Steel (STC) No Passes Fri-Thu 1:15-4:15-7:30-10:30
Real Steel: The IMAX Experience (STC) No Passes Fri-Thu 12:45-3:45-7-9:55
The Smurfs (G) Fri-Thu 1:30-4:30
What's Your Number? (14A) Fri-Thu 12:55-3:40-6:50-9:45

BURNABY

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

Dolphin Tale (STC) Fri 4:30-6:45-8:55 Sat-Mon 2:15-4:30-6:45-8:55 Tue-Thu 4:30-6:45-8:55
The Help (PG) Fri 6-8:45 Sat-Mon 3-6-8:45 Tue-Thu 6-8:45

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

50/50 (14A) Fri-Mon 1:20-3:55-6:30-9:20 Tue-Thu 1:35-4:10-6:30-9:20
The Captains (STC) Thu 7
Contagion (PG) Fri-Mon 2:20-5:05-7:50-10:30 Tue-Thu 2:20-5:05-7:50-10:15
Dolphin Tale 3D (STC) Fri-Mon 1:05-3:45-6:20-9 Tue-Thu 1:20-3:55-6:20-9
Drive (18A) Fri-Mon 1:50-4:35-7:20-9:50 Tue-Thu 1:50-4:35-7:20-9:45
The Ides of March (STC) Fri-Thu 1:30-4:05-6:40-9:30
Killer Elite (14A) Fri-Mon 2:10-4:55-7:40-10:20 Tue 2:10-4:55-7:40-10:10 Wed 4:55-7:40-10:10 Thu 1:45-4:20-10:10
The Lion King 3D (STC) Fri-Thu 1:40-4:25-6:50-9:10
Moneyball (PG) Fri-Mon 1-4-7:10 Tue 1:15-4-7-9:50 Wed 1:15-7-9:50 Thu 1:15-4-7-9:50
Real Steel (STC) No Passes Fri-Mon 1:15-4:15-7:10-10:10 No Passes Tue-Thu 1:25-4:15-7:10-9:55
What's Your Number? (14A) Fri-Mon 2-4:45-7:30-10:10 Tue-Thu 2-4:45-7:30-10:05

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

1911 (STC) Fri 4:25-7:15-9:45 Sat-Sun 1:45-4:25-7:15-9:45 Mon 1:45-4:25-7:15 Tue-Thu 4:25-7:15
Abduction (STC) Fri 4:55-7:30-9:55 Sat-Sun 2:10-4:55-7:30-9:55 Mon 2:10-4:55-7:30 Tue-Thu 4:55-7:30
Breakaway (PG) Fri 4:40-7:10-9:30 Sat-Sun 2-4:40-7:10-9:30 Mon 2-4:40-7:10 Tue-Thu 4:40-7:10
Crazy, Stupid, Love. (PG) Fri-Sun 7:05-9:40 Mon-Thu 7:05
Dream House (PG) Fri 4:45-7:25-9:25 Sat-Sun 2:05-4:45-7:25-9:25 Mon 2:05-4:45-7:25 Tue-Thu 4:45-7:25
Rise of the Planet of the Apes (PG) Fri 4:50-7:20-9:50 Sat-Sun 2:15-4:50-7:20-9:50 Mon 2:15-4:50-7:20 Tue-Thu 4:50-7:20
The Smurfs (G) Fri 4:30 Sat-Mon 1:50-4:30 Tue-Thu 4:30
Spy Kids: All the Time in the World in 4D (PG) Fri 4:35 Sat-Mon 1:55-4:35 Tue-Thu 4:35
Straw Dogs (STC) Fri-Sun 7-9:35 Mon-Thu 7

NEW WEST/ COQUITLAM

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

50/50 (14A) Fri-Tue 2-4:30-7:10-9:45 Wed 4:30-7:10-9:45 Thu 2-4:30-7:10-9:45 Star & Strollers Screening Wed 1
Abduction (STC) Fri-Sat 1:25-4:30-7:20-9:55 Sun 4:30-7:20-9:55 Mon-Wed 1:25-4:30-7:20-9:55 Thu 1:25-4:30-9:55
Breakaway (PG) Fri-Thu 1:40-4:05-6:55-9:30
The Captains (STC) Thu 7
Contagion (PG) Fri-Sun 7:45-10:20 Mon 7:45-10:25 Tue-Thu 7:45-10:20
Dolphin Tale (STC) Fri-Thu 1:10
Dolphin Tale 3D (STC) Fri-Thu 3:55-6:40-9:20
Dream House (PG) Fri-Thu 1:35-4:35-7:35-10:15
Drive (18A) Fri-Thu 1:50-4:15-7:05-9:50
Esmeralda - Bolshoi Ballet (STC) Sun 1
Harry Potter and the Deathly Hallows: Part 2 (PG) Fri-Thu 1:25-4:25
The Help (PG) Fri-Thu 1:05-4:10-7:15-10:25
The Ides of March (STC) Fri-Tue 1:30-4:20-7:15-10 Wed 4:20-7:15-10 Thu 1:30-4:20-7:15-10 Star & Strollers Screening Wed 1
Killer Elite (14A) Fri-Thu 1:55-4:40-7:40-10:20
The Lion King 3D (STC) Fri-Tue 1:20-3:50-6:45-9:15 Wed 1:20-3:50-9:15 Thu 1:20-3:50-6:45-9:15
Moneyball (PG) Fri-Thu 1:15-4:15-7:25-10:30
Peter Gabriel: New Blood Orchestra in 3D (G) Wed 7
Real Steel (STC) No Passes Fri-Thu 1-4-7-10:10
War of the Arrows (STC) Fri-Thu 1:10-3:55-6:50-9:40
What's Your Number? (14A) Fri-Thu 1:45-4:45-7:30-10:05

SURREY/WHITE ROCK/LANGLEY

CLOVA
5732-176th St., Surrey, 604-541-9527

Dolphin Tale (STC) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey,
604-592-4441

Abduction (STC) Fri-Thu 8:45
Captain America: The First Avenger (PG) Sat-Mon 2:45
Contagion (PG) Fri-Thu 6:55-9
The Debt (14A) Fri-Thu 7
Harry Potter and the Deathly Hallows: Part 2 (PG) Sat-Mon 12:45
Midnight in Paris (G) Fri-Thu 5:05
Mr. Popper's Penguins (G) Fri 5 Sat-Mon 3:10-5 Tue-Thu 5
Our Idiot Brother (PG) Fri-Thu 9:10
The Smurfs (G) No Passes Fri 4:45-6:45 No Passes Sat-Mon 12:45-2:45-4:45-6:45 No Passes Tue-Thu 4:45-6:45
Spy Kids: All the Time in the World in 4D (PG) Sat-Mon 1

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

50/50 (14A) Fri-Thu 1:50-4:50-7:50-10:25
Breakaway (PG) Fri-Thu 1:30-4:10-7:20-10:10
Dolphin Tale 3D (STC) Fri-Tue 12:45-3:30-6:30-9:20 Wed-Thu 12:55-3:30-6:30-9:20
Force (STC) Fri-Tue 12:30-3:40-6:45-9:50 Wed-Thu 12:45-3:45-6:45-9:50
The Ides of March (STC) Fri-Tue 1:40-4:40-7:40-10:20 Wed 4:40-7:40-10:20 Thu 1:40-4:40-7:40-10:20 Star & Strollers Screening Wed 1
The Lion King 3D (STC) Fri-Thu 1-4-7:10-9:40
Mausam (STC) Fri-Thu 1:05-4:45-8:30
Moneyball (PG) Fri-Tue 12:40-3:45-6:50-10 Wed-Thu 12:45-3:45-6:50-10
Rascals (STC) Fri-Thu 12:50-3:50-7-10:05
Real Steel (STC) No Passes Fri-Thu 1:20-4:20-7:30-10:30
What's Your Number? (14A) Fri-Tue 1:10-3:55-6:40-9:30 Wed 3:55-6:40-9:30 Thu 1:10-3:55-6:40-9:30 Star & Strollers Screening Wed 1
Yaara O Dildaara (PG) Fri-Thu 1:15-4:30-8

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

50/50 (14A) Dolby Stereo Digital, Stadium Seating Fri 4:40-7:35-10 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:30-4:40-7:35-10 Dolby Stereo Digital, Stadium Seating Tue 4:40-7:35-10 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:30-8:20
Breakaway (PG) Dolby Stereo Digital, Stadium Seating Fri 4:35-7:15-9:35 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:30-4:35-7:15-9:35 Dolby Stereo Digital, Stadium Seating Tue 4:35-7:15-9:35 Dolby Stereo Digital, Stadium Seating Wed-Thu 5-8
The Captains (STC) Thu 7
Dolphin Tale (STC) Digital Presentation, Stadium Seating Fri Digital Presentation, Stadium Seating Sat-Mon 1:05 Digital Presentation, Stadium Seating Tue-Thu Dolby Stereo Digital, Stadium Seating Fri-Tue 3:50-6:40-9:25 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:50-7:50
Dream House (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri 4:45-7:50-10:10 Digital Presentation, Dolby Stereo Digital, Stadium Seating Sat-Mon 1:40-4:45-7:50-10:10 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 4:45-7:50-10:10 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5:45-8:25
The Ides of March (STC) Dolby Stereo Digital, Stadium Seating Fri 4:30-7:30-10:05 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:05-4:30-7:30-10:05 Dolby Stereo Digital, Stadium Seating Tue 4:30-7:30-10:05 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:55-7:35
Killer Elite (14A) Dolby Stereo Digital, Stadium Seating Fri-Tue 7:20-10:05 Dolby Stereo Digital, Stadium Seating Wed 5:35-8:30 Dolby Stereo Digital, Stadium Seating Thu
The Lion King 3D (STC) Dolby Stereo Digital, Stadium Seating Fri 3:45-7:05-9:20 Dolby Stereo Digital, Stadium Seating Sat-Mon 1-3:45-7:05-9:20 Dolby Stereo Digital, Stadium Seating Tue 3:45-

HUGH JACKMAN
REAL STEEL
COURAGE IS STRONGER THAN STEEL.
NOW PLAYING
FOR THEATRES AND SHOWTIMES: CHECK LOCAL LISTINGS
PG
NOT RECOMMENDED FOR YOUNG CHILDREN. VIOLENCE, LANGUAGE MAY OFFEND
© DREAMWORKS II DISTRIBUTION CO., LLC
Like us on facebook at Walt Disney Studios Canada

RBC Royal Bank®

RBC ROYAL BANK®
RANKS #1 ONLINE

What can you get with award-winning* online convenience?

- #1 Online Banking site in Canada since 2007[1]
- Bank on the go with mobile apps
- Free budgeting and expense tracking with *my*FinanceTracker™
- Top-ranked website for research[2] with one-of-a-kind Advice Centre
- 100% Online Security Guarantee[3]

Do you want more online?
Visit rbcroyalbank.com.

Advice you can bank on™

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. * Recent Awards: Globe Finance July 2011 – Best Consumer Internet Bank in Canada; an independent Forrester Research, Inc. report, 2010 Canadian Bank Secure Web Site Rankings (December 2010) – 1st in Canada for Online Sales Effectiveness, highest in North America for Trust, and Research, highest in Canada for Online Applications; and Surviscor 3rd edition online banking scorCard – 1st in Canadian Online Banking Services [1] According to Forrester Research, Inc., 2010 Canadian Bank Secure Web Site Rankings (December 2010) [2] Based on two independent Forrester Research, Incl. reports (July 2011): "2011 Canadian Online Sales Bank Rankings" and "2011 US Online Sales Bank Rankings." [3] 100% reimbursement for unauthorized transactions in RBC Online Banking; for full details see RBC Electronic Access Agreement.

▶ Brad Pitt's acting is effortless in Moneyball.

7:05-9:20 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:05-7:30

Moneyball (PG) Dolby Stereo Digital, Stadium Seating Fri 3:35-6:35-9:30 Dolby Stereo Digital, Stadium Seating Sat-Mon 12:35-3:35-6:35-9:30 Dolby Stereo Digital, Stadium Seating Tue 3:35-6:35-9:30 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:10-8:10

Rascals (STC) Dolby Stereo Digital, Stadium Seating Fri 3:55-6:55-9:55 Dolby Stereo Digital, Stadium Seating Sat-Mon 12:55-3:55-6:55-9:55 Dolby Stereo Digital, Stadium Seating Tue 3:55-6:55-9:55 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:15-8:05

Real Steel (STC) Dolby Stereo Digital, Stadium Seating Fri 3:30-6:45-9:45 Dolby Stereo Digital, Stadium Seating Sat-Mon 12:40-3:30-6:45-9:45 Dolby Stereo Digital, Stadium Seating Tue 3:30-6:45-9:45 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:45-7:45

The Smurfs (G) Dolby Stereo Digital, Stadium Seating Fri 4:05 Dolby Stereo Digital, Stadium Seating Sat-Mon 12:40-4:05 Dolby Stereo Digital, Stadium Seating Tue 4:05 Dolby Stereo Digital, Stadium Seating Wed-Thu

What's Your Number? (14A) Dolby Stereo Digital, Stadium Seating Fri 4:10-7:10-9:40 Dolby Stereo Digital, Stadium Seating Sat-Mon 1:20-4:10-7:10-9:40 Dolby Stereo Digital, Stadium Seating Tue 4:10-7:10-9:40 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:25-8:15

RIALTO
1732-152nd Street, White Rock, 604-541-9527, criteriontheatres.com

The Help (PG) Fri 7:30 Sat-Mon 2-7:30 Tue-Thu 7:30

The Ides of March (STC) Fri 7-9 Sat-Mon 2:10-7-9 Tue-Thu 7-9

CRITERION 4 WHITE ROCK
2381 King George Highway, 604-531-7456, criteriontheatres.com

Contagion (PG) Fri 7:30 Sat-Mon 2:30-7:30 Tue-Thu 7:30

Dolphin Tale (STC) Fri 7:20-9:30 Sat-Mon 2:20-7:20-9:30 Tue-Thu 7:20-9:30

Dream House (PG) Fri-Thu 9:45

Moneyball (PG) Fri 7-9:40 Sat-Mon 2-7-9:40 Tue-Thu 7-9:40

Real Steel (STC) Fri 7:10-9:35 Sat-Mon 2:10-7:10-9:35 Tue-Thu 7:10-9:35

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

50/50 (14A) Fri-Mon 1:30-4:25-6:55-9:45 Tue-Thu 4:25-6:55-9:45

Abduction (STC) Fri-Sat 1:15-4:25-7:15-9:55 Sun 4:25-7:15-9:55 Mon 1:15-4:25-7:15-9:55 Tue 4:25-7:15-9:55 Wed 7:15-9:55 Thu 4:25-7:15-9:55 Star & Strollers Screening Wed 3

Breakaway (PG) Fri-Mon 2:05-4:40-7:35-10 Tue-Thu 4:40-7:35-10

The Captains (STC) Thu 7

Contagion (PG) Fri-Mon 2-4:45-7:25-10:15 Tue-Thu 4:45-7:25-10:15

Courageous (PG) Fri-Sat 1:05-4:10-7:15-10:15 Sun 12:55-4:7:05-10:05 Mon 1:05-4:10-7:15-10:15 Tue-Thu 4:10-7:15-10:15

Dolphin Tale 3D (STC) Fri-Mon 1:10-4:10-6:50-9:50 Tue-Thu 4:10-6:50-9:50

Dream House (PG) Fri-Mon 2:10-4:55-7:45-10:10 Tue-Thu 4:55-7:45-10:10

Drive (18A) Fri-Mon 1:55-4:45-7:25-9:55 Tue-Thu 4:45-7:25-9:55

Esmeralda - Bolshoi Ballet (STC) Sun 1

Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Mon 1:45-4:50-7:30-10:20 Tue 4:50-7:30-10:20 Wed 4:50-10:20 Thu 4:50-7:30-10:20

The Help (PG) Fri-Mon 1-4:05-7:10-10:25 Tue-Thu 4:05-7:10-10:25

Horrible Bosses (14A) Fri-Tue 7:35-10:05 Wed 10:05 Thu 7:35-10:05

The Ides of March (STC) Fri-Mon 1:25-4:20-7:05-10:10 Tue 4:20-7:05-10:10 Wed 7:05-10:10 Thu 4:20-7:05-10:10 Star & Strollers Screening Wed 3

Killer Elite (14A) Fri-Mon 1:35-4:35-7:40-10:25 Tue-Thu 4:35-7:40-10:25

The Lion King 3D (STC) Fri-Mon 1:40-4:15-6:45-9:15 Tue-Thu 4:15-6:45-9:15

Moneyball (PG) Fri-Mon 1:05-4-7:10:20 Tue-Thu 4-7-10:20

Peter Gabriel: New Blood Orchestra in 3D (G) Wed 7

Real Steel (STC) No Passes Fri-Mon 1:30-4:30-7:30-10:30 No Passes Tue-Thu 4:30-7:30-10:30

Real Steel: The IMAX Experience (STC) No Passes Fri-Mon 1-4-7-9:55 No Passes Tue-Thu 4-7-9:55

Rise of the Planet of the Apes (PG) Fri-Wed 7:20-10 Thu 10

The Smurfs (G) Fri-Mon 1:20-4:20 Tue-Thu 4:20

Spy Kids: All the Time in the World in 4D (3D) (PG) Fri-Mon 1:50-4:35 Tue-Thu 4:35

What's Your Number? (14A) Fri-Mon 1:20-4:15-7:05-10:05 Tue-Thu 4:15-7:05-10:05

TWILIGHT DRIVE-IN
260th Street & Fraser Highway, Langley, 604-856-5063

30 Minutes or Less (18A) Fri-Sun 11:40

Colombiana (STC) Fri-Sun 9:40

Dolphin Tale (STC) Fri-Sun 7:30

No Films Showing Today (STC) Mon-Thu

The sexiest people ever

ILLUSTRATION: MIA KORAB/METRO WORLD NEWS

We took the top traits of today's hottest celebs and melded them into the perfect couple What's better than Bradley Cooper? Someone with his eyes and Robert Pattinson's hair and James Franco's mouth...

EYES
BRADLEY COOPER

- He joked on Ellen about starting a campaign to be named Sexiest Man Alive. Said the host: "I look at your eyes and I go, Wow, those are some blue eyes. They sparkle like there's an evil light coming out. In a beautiful way."

HAIR
ROBERT PATTINSON

- One of Glamour UK's sexiest men alive would top any list, but his vampire hair sparkles.

FACE SHAPE AND MOUTH AND CHIN
JAMES FRANCO

- His puss was run through a "beautification engine," a software program that makes you better looking, developed by Tel Aviv researchers in 2008. The result: no changes. Dude's perfect.

BODY
RYAN REYNOLDS

- The Green Lantern was voted last year's Sexiest Man Alive by People Magazine, mainly because of his sense of humour. Probably had nothing to do with those ABS.

NOSE AND EYEBROWS
DAVID GANDY

- The blogosphere went crazy over the model's Dolce&Gabbana book—and so did we. The first shot is a full frontal nude and it gets more NSFW from there.

Visit a Scotiabank® branch and you could
WIN a $10,000 PRIZE!*

Buy your Fee-Free American Express®1 Travellers Cheques at Scotiabank.
ALSO VISIT WEEKLY FOR YOUR CHANCE TO WIN $500!
metronews.ca/scotiabank
AMERICAN EXPRESS® metro Scotiabank®
® Registered Trademark of the Bank of Nova Scotia. ®1 Used by Amex Canada Inc. under license from American Express. *No purchase necessary. Contest Sponsors: Amex Canada Inc. and the Bank of Nova Scotia ("Scotiabank"). The Contest Period starts at 9:00 a.m. ET on October 3, 2011 and ends at 7:00 p.m. PT on November 30, 2011. The contest is open to all residents of Canada who have reached the age of majority in their province/territory of residence on or before October 3, 2011. To enter, purchase in a single transaction, $1,000.00 CDN equivalent in American Express Travellers Cheques at any Scotiabank branch during the Contest Period. There is one (1) prize available to be won consisting of $10,000CDN cash deposited into a Scotia Money Master® Savings Account. Odds of winning depend on the number of eligible entries received. Winner must correctly answer a mathematical skill-testing question. To opt out of automatic entry into this Contest, email your request with your full name and address to the Independent Contest Organization at: amexoptout@themarcocorporation.com. For complete rules and regulations including information about how to make a no purchase entry visit www.scotiabank.com/travellerscheques or your local Scotiabank branch for details.

ILLUSTRATION: MIA KORAB/METRO WORLD NEWS

EYES
MILA KUNIS

- In Friends with Benefits, Justin Timberlake compliments her breasts once — but her eyes twice.

BODY
KIM KARDASHIAN

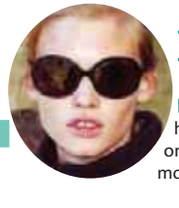
- Her sex tape is the most viewed on YouPorn. And it's not because of her big brain.

NOSE
ZOE SALDANA

- One of Entertainment Weekly's 30 sexiest women is hot in every role, even as a blue Na'vi in Avatar.

FACE SHAPE AND HAIR
ROSIE HUNTINGTON-WHITELEY

- FHM readers voted her the sexiest woman alive.



MOUTH
LARA STONE

- The gap between her teeth hasn't prevented her from being one of Forbes mag's top-earning models of 2011. MIA KORAB

ILLUSTRATION: MIA KORAB/METRO WORLD NEWS

THE JOYS OF PINK FLOYD

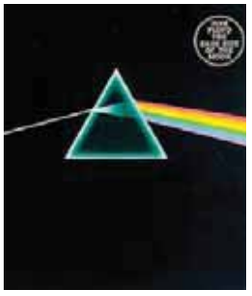
SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

I fear for the future of high fidelity. With every passing month, we seem to be satisfied with sound that is merely good enough. Blame it on a decade of listening to squished MP3s through cheap ear buds.

In the Olden Days, my friends and I would descend upon stereo stores, pretending to be in the market for some new speakers. "Those JBLs look good. Could we hear them, my good man? And then let's A-B them with those Cerwin-Vegas. No, no — the ones with the 15-inch woofers."

The salesperson would dutifully find the LP we suggested and place it on the turntable.



For the next 20 minutes, we'd be pummelled by sound, glorious sound. The sparkling highs. The chest-crushing bass. The sweet midrange. Once the side of the record ran out, we'd promise to think about it and leave the poor salesman commissionless.

Again.

One of the albums we'd always ask for was Pink Floyd's Dark Side of the Moon because it was one of the best-produced and most carefully recorded albums of the era.

There was an emotional and physical thrill of hearing it through speakers that could handle the thump of the heartbeat that leads into Breath, the deep bass stabs of Time and the definition of Clare Torry's voice on The Great Gig in the Sky.

The music caused dopamine to flood our brains, which is literally the same neurochemical response a heroin addict has when he gets a fix.

Today, though, MP3s and cheap ear buds have taken much of the fidelity out of music.

Even modern CDs sound worse than CDs that were released in the 1980s thanks to overuse of compression. We've forgotten how good recorded music can sound. Worse yet, many people have never experienced it.

That's why I urge everyone to go out and buy the new Pink Floyd remasters along with a very good set of headphones. Clear the credit card. I don't care how.

Dark Side is the ultimate album for headphone music. Turn down the lights and turn up the music. Marvel at the subtleties of the arrangements, the texture of the production and brilliance of the musicianship.

Notice how you react physically and emotionally. This is how good music can sound.

This is what excited people about music once. Surrender to it.

You may never use ear buds again.

COLLECT ALL 5 GABBA GANG CHARACTERS!
EVERY FRIDAY IN METRO SCENE
PLEASE BE CAREFUL!
TOODEE!
YO GABBA GABBA! LIVE!
IT'S TIME TO DANCE!
PRESENTED BY KIA KIA MOTORS
FRIDAY, NOVEMBER 11
QUEEN ELIZABETH THEATRE
2 SHOWS ON REMEMBRANCE DAY - 2PM and 5PM
ON SALE NOW AT
ticketmaster.ca
604-280-4444 • ALL TICKETMASTER RETAIL OUTLETS
YO GABBA GABBA! LIVE! – Vancouver, BC
YOGABBAGABBALIVE.COM
NEXT WEEK: BROBEE!
Yo Gabba Gabba! TM & © 2011 GabbaCaDabra LLC
VISIT clubmetro.com TO ENTER
YOU COULD WIN THE ULTIMATE VIP
YO GABBA GABBA! LIVE!
PRIZE PACK FOR YOU AND YOUR FAMILY
TO REGISTER AND FOR FULL CONTEST DETAILS VISIT CLUBMETRO.COM

Bieber to get some big-name help on Christmas album

GETTY IMAGES

It's only October, but Justin Bieber is already thinking about sleigh bells.

The Stratford, Ont., pop star will release the star-studded Christmas CD Under the Mistletoe on Nov. 1.

The album will feature several splashy collaborations, including a duet with R&B diva Mariah Carey on her hit song, All I Want For Christmas is You.

The 17-year-old Bieber will also mingle with his mentor Usher on The Christmas Song (Chestnuts Roasting on an Open Fire).

And the disc will feature collaborations with '90s R&B group Boyz II Men, rapper Busta Rhymes and country trio The Band Perry.

Under the Mistletoe will be a mix of traditional tunes — including Silent Night and Santa Claus is Coming to Town — and original material, some of which was co-written by Bieber.

The CD will hit stores in a standard form and in a deluxe version with four extra tracks and a DVD featuring behind-the-scenes footage.

It'll be released roughly a week after Bieber's fellow Canadian Michael Bublé launches his own holiday disc titled Christmas, which will feature Shania Twain.

THE CANADIAN PRESS

Ashton moves out

Friends deny it's because of his cheating

PHOTOS: GETTY IMAGES

▶ Ashton Kutcher and Demi Moore

Ashton Kutcher has reportedly moved out of the home he shares with Demi Moore, according to Life & Style, though a source close to Kutcher says it has less to do with his current cheating scandal and more with trying to help his wife confront her own issues.

"Demi had been sober for a long time — decades — but recently it's gotten bad," the source says.

"He may have fooled around with this girl, but his wife is his priority. Ashton's trying to deal with Demi's problems."

METRO

Barrymore tying knot soon?

Drew Barrymore "is yearning to get married and have kids," a source tells Us Weekly.

So it's a good thing that her boyfriend, Will Kopelman, has been considering proposing, possibly popping the question "around the one-year mark of their dating" this winter, the source says.

"He's madly in love and knows she's the one, but he just needs a bit more time."

That takes care of marriage, but when it comes to babies, Barrymore may not be so patient: "I could see her getting pregnant before they get married," the source adds.

METRO

Celebrity tweets

@ElizabethBanks

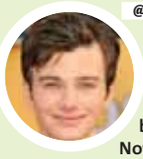
"Oh, Red Sox. You're too cute with your collapsing and what not."

@woodelijah

"Would be happy to be stuck in a Target with Jennifer Connelly"

@therealzooeyd

"shouldn't the term "I slept like a baby" mean you slept 3 hours and then cried until someone fed you?"


@chriscolfer

"It was a mistake to put up that hummingbird feeder. Now they look at me like I'm their dealer. I'm afraid to go outside."

PHOTOS: GETTY IMAGES

▶ Johnny Depp

Depp apologizes for comment

Johnny Depp's comparison of having his photo taken to being raped didn't sit well with the Rape, Abuse and Incest National Network, according to Hollyscoop. Depp had made the comment during an interview with Vanity Fair, and after the advocacy group made their concerns known, the actor was quick to apologize: "I am truly sorry for offending anyone in any way ... please accept my heartfelt apology."

METRO

▶ Jennifer Aniston

Aniston on baby: maybe is OK

Jennifer Aniston knows there's plenty written about her and her possible desires to be a mom. Even a recent visit to the doctor with boyfriend Justin Theroux prompted speculation about family planning.

But despite reports, Aniston isn't baby-mad. "It's not what you read. There's no desperation," she tells Elle magazine. "If it's meant to be, it's meant to be. I'm at peace with whatever the plan is."

METRO

Mel C: Spice life wasn't so easy

Melanie Chisholm — or Mel C, as she was known in the Spice Girls — admits that the glare of media attention during the girl group's heyday caused her to become depressed and bulimic. "I was young and impressionable, and I found it hard to read about myself," she tells the Daily Mail. "The tabloids were cruel about my appearance."

METRO

Pattinson hard to keep secret

Kristen Stewart has taken great pains not to confirm her relationship with Twilight co-star Robert Pattinson, but one candid moment at a photo shoot for the U.K. edition of GQ may have undone all that work. The interviewer overheard Stewart say she hoped to travel around England "because my boyfriend is English," though when asked about the comment during their interview the next day, the actress uncomfortably admitted, "I never would have said that if I knew you were interviewing me."

METRO

HALLOWEEN AT BEAR CREEK PARK
CHILDREN'S FAIR & TRAIN
Daytime 10am to 5pm • Saturday Oct. 8 to Monday Oct. 31
Includes: Goody Bag, Crafts, Games, Take-home Pumpkin and Train Ride
Adults $8.50, Kids (3-12yrs) $7, Children under 2 yrs $3.50 & Babies FREE
HAUNTED FOREST SCREAM TRAIN
Nighttime 6:30pm to 10pm
Friday Oct. 14 to Monday Oct. 31
Ghouls, Goblins and other scary Characters
Adults $8.50 & Kids (2-12yrs) $7.00
www.bctrains.com
Ticket prices subject to HST
13750 88th Ave (at King George) Surrey • 604-501-1232

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
App Store
metro play

E-Comm 9-1-1
Helping to Save Lives and Protect Property
KEEP YOUR FAMILY SAFE:
teach your kids about 9-1-1
FIRE PREVENTION WEEK 2011
Proudly supporting Vancouver Fire & Rescue Services
ecomm911.ca
Follow us on Twitter for important tips & info:
@EComm911_info

3 life

A modern Thanksgiving

Aside from turkey, stuffing & dessert are the most important foods of your feast ◗ Replace sausage stuffing with Pear & Chestnut Stuffing ◗ Swap Pumpkin Pie for Pumpkin Mousse

TONY SAXON/ THE CANADIAN PRESS

THE CANADIAN PRESS

▶ The stuffing will serve 12 to 16 people, while the mousse makes eight to 12 servings.

Pear and Chestnut Stuffing

The juiciness of pears keeps the bread moist and cooking the vegetable mixture helps to create an even flavour throughout the stuffing. Chestnuts add texture and the pre-roasted variety are easy to use.

Preparation:

1. In non-stick skillet, melt butter over medium-high heat and cook pears, onion, garlic, carrots, celery, sage and parsley about 25 mins. or until softened and starting to golden. Add chestnuts and stir to combine. Add bread and salt and toss to combine. Scrape mix into baking dish, cover and bake in a 160 C (325 F) oven for 45 mins. Remove foil and bake for about 15 mins. longer or until crisp on top and golden. EMILY RICHARDS/ THE CANADIAN PRESS

Pumpkin Mousse

Try this luscious take on the traditional pumpkin pie. The walnut and pumpkin mousse filling with mascarpone cheese will have your family and friends asking for seconds.

Preparation:

1. Preheat oven to 160 C (325 F). Then in work bowl of food processor, combine graham crackers, sugar and butter and blend until mix is consistency of wet sand. Press crust into bottom of a non-stick 23-cm (9-inch) springform pan. Bake 10 mins. or until golden. Set aside.
2. Sprinkle gelatin in 125 ml (1/2 cup) of water, stir and let sit 5 mins. Boil remaining water, add to gelatin and stir until dissolved. In a separate bowl, whip whipping cream until stiff peaks form; set aside.
3. In large bowl, combine pumpkin pie filling, walnuts, mascarpone, honey, cinnamon and nutmeg, stir well. Add gelatin. Fold in whipped cream until combined and pour mousse into springform pan. Gently shake cake pan to release air bubbles and smooth out surface.

THE CANADIAN PRESS/WALNUTINFO.COM

Shopping List:

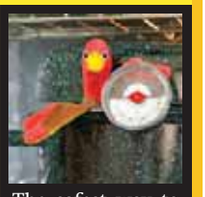
Pear and Chestnut Stuffing

- 50 ml (1/4 cup) butter
- 4 Bartlett pears, cored and chopped
- 1 large onion, chopped
- 4 cloves garlic, chopped
- 2 carrots, chopped
- 2 stalks celery, chopped
- 45 ml (3 tbsp) fresh sage
- 45 ml (3 tbsp) chopped fresh Italian parsley
- 1 bag (300 g) roasted peeled chestnuts, chopped
- 2 l (8 cups) cubed sourdough or potato bread
- 1 ml (1/4 tsp) salt

Pumpkin Mousse Cake

- 32 graham crackers
- 30 ml (2 tbsp) dark brown sugar
- 125 ml (1/2 cup) butter, melted
- 30 ml (2 tbsp) gelatin powder
- 250 ml (1 cup) water
- 250 ml (1 cup) whipping cream
- 1 can (540 ml/19 oz) pumpkin pie filling
- 250 ml (1 cup) walnuts
- 250 ml (1 cup) mascarpone cheese
- 125 ml (1/2 cup) honey
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) nutmeg

Turkey safety



The safest way to be sure that your turkey is done is to check it with a meat thermometer.

Temperatures should reach minimums of 180°F (82°C) deep in the thigh and 165°F (74°C) in the center of the stuffing. NEWS CANADA/ BUTTERBALL

Scan this code for the top five "make it better" turkey tips.

the Fish House IN STANLEY PARK
www.fishhousestanleypark.com
2 ENTREES AT $22EA
2 popular dinner mains priced at $22.00 each with a purchase of beer, wine or cocktail. Mon to Thurs. Selections change daily.
SIMPLE SUNDAYS
Enjoy any 8oz Simple Salmon for the price of a 4oz with a purchase of our signature Caesar cocktail.
$12 RED TRUCK FISH & CHIPS COMBO
Our Famous Fish & Chips with a glass of Red Truck draft for $12.00. Valid 2-4pm daily.
Bring this ad with you to qualify for these promotions. Not valid with any other promotional offers.
"Like Us" on facebook.com/FishHouseSP to access more promotional offers
The Fish House in Stanley Park
8901 Stanley Park Drive, Vancouver, BC V6G 3E2
Located adjacent to English Bay and the Stanley Park Tennis Courts
RESERVATIONS: (604) 681-7275

New India BUFFET AND RESTAURANT
Vancouver's Largest Indian Buffet
DRAFT BEER Pints $3.95 Pitcher $12.95
New A la Carte Menu
ALL YOU CAN EAT: 40 ITEMS TO CHOOSE FROM
LUNCH BUFFET 11:30am - 4:00pm Mon-Fri $12.95, Sat & Sun $14.95 Incl. Chai, Coffee & Juice
DINNER BUFFET 4:30pm - 10:00pm Mon-Thur $15.95, Fri-Sun $16.95
20% OFF YOUR BILL WITH THIS AD (Excluding alcohol) (Expires 2011/11/07)
805 W. Broadway @ Willow • 604 874-5800 • One block from Cambie Canada Line station
FREE PARKING Weekends & After 6pm Weeknights

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
metro play
Available on the App Store

A toast to the side dishes

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

If you're into wine, you have to love Thanksgiving. There's no gifts, no egg hunts and no dressing up. Thanksgiving is about food, family and a good bottle of vino.

Though roast turkey is the star, it isn't your main concern when it comes to a liquid marriage with your festive feast. All those side dishes that make a huge holiday meal special, influence the table more than the gobbler.

As grapes go, pinot noir is a classic match on the red side (think California) with chardonnay (one that's not too oaky from France or Canada) topping my list of whites.

If you want to think outside the bottle, a spicy white grape like gewürztraminer or a plush, floral grape like viognier are options.

In red, France's Beaujolais region is famous for its gamay-based wines with a rich, berry-fruited version like the strikingly packaged Georges Duboeuf 2010 Brouilly ($16.95 - $22.49) meaty enough to meet the turkey head on and soothing enough to make nice with all the fixings. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

WagJag.com DEAL OF THE DAY!

Buy For: $15

$15 FOR 3 BIKRAM YOGA CLASSES (A VALUE OF $60) - 6 LOCATIONS TO CHOOSE FROM

HIGHLIGHTS
- Keeps you healthy, and helps fight stress, anxiety, diabetes, obesity, arthritis and insomnia
- 26 postures systematically work every part of the body, to give all the internal organs, veins, ligaments and muscles everything they need to maintain optimum health and maximum function

Regular Price: $60.00
You Save: $45.00
Discount: 75%

CURRENT DEALS

Buy For: $26

$26 FOR A PAIR OF BODY-ALIGNING YOGA SANDALS (A $52.63 VALUE) FROM YOGASANDALS.CA

HIGHLIGHTS
- Free shipping
- Footwear based on the yoga principle of opening up and aligning the body
- Allows for comfort and foot movement
- Helps with back pain, bunions, hammer toes and other conditions

Buy For: $22

$22 FOR A SPA PEDICURE AND HYDRATING SUGAR SCRUB WITH FRENCH POLISH AT ILLUSION STUDIO AND SPA ($44 VALUE)

HIGHLIGHTS
- Hydrating sugar scrub refines and smooths out cracked and dehydrated skin
- Relaxing, friendly environment

Visit: WagJag.com

Hurry to WagJag.com to purchase local deals before time runs out.

Don't quite get it yet? Visit WagJag.com

Follow us on:

facebook.com/wagjag
@wagjagvancouver

DEINHARD

The Perfect Wine for Thanksgiving

This off-dry Riesling is an affordable, easy-drinking wine that pairs well with everything from the first course right through to dessert.

Bright, with apple and citrus flavours and refreshing acidity, Deinhard Green Label Riesling is a dazzlingly food-friendly drink, particularly with turkey.

Thanksgiving dinner is full of rich, bold flavours - balance your meal with a light touch of sweetness.
Try Deinhard Green Label Riesling this holiday!

$12.99* AT BC LIQUOR STORES

*$12.99 for a limited time - Pricing in effect until October 29th.

ISTOCKPHOTO/THINKSTOCK

TAKE CONTROL OF YOUR MENTAL HEALTH

IN MANY WAYS, PRESERVING MENTAL HEALTH IS MUCH LIKE MAINTAINING A HEALTHY BODY

Strategies like going to the gym and eating properly help keep you mentally as well as physically fit.

And just like it's up to you to keep your heart and bones healthy, you also have to take control of your own mental health. "You own it; it's your mind, and you need to give it as much attention as you give to your physical body,' says Connie Krahenbil, Executive Director, Canadian Mental Health Association Manitoba, Winnipeg.

Managing stress is a big part of maintaining mental health, and each person has to discover the stress management approach that works best for him or her, says Krahenbil.

"Maybe your thing is going to the spa once a month, or maybe your thing is walking every day." She refers to the parable of the man who mentally hangs his troubles on a "worry tree" outside his house every day so they won't interfere with his family life.

The key is to find the right balance, says Krahenbil. Her own strategy is to make a conscious effort to turn off her Blackberry every evening, to meditate, to be outside in the fresh air, to find time to spend on herself, and to exercise as much as she can. "It doesn't have to be going to the gym; it could be something like gardening."

Getting enough sleep, too, is another "precious" ingredient to mental health, says Krahenbil, who takes steps to avoid sleep "getting behind me" because she knows what that can do to her overall health.

Just as with physical health, it's important to be committed to mental fitness and to incorporate these steps into your everyday life.

Recognizing when you need to "reach out" and talk to someone you trust is also important. Everyone has felt sad or blue at one time or another, but too often, you don't want to bother anyone so you withdraw, maybe cry alone in your room. But when you do talk to a friend, "you always feel 100 times better," says Krahenbil.

Sometimes these strategies aren't enough and you may need to seek out an expert. But this should be no different than someone who has diabetes, who has to see his doctor regularly and take insulin or other medications to treat the disease.

It's important to acknowledge that you have an illness and to accept it. "We all have our crosses to bear," says Krahenbil.

And it's important not to rely solely on medication such as antidepressants to make you well. "The work is up to you," says Krahenbil. "Taking those pills is just half of it, just like insulin is just half of it for a person with diabetes."

– Pauline Anderson

DID YOU KNOW?

JACK HOLLINGSWORTH/DIGITAL VISION/THINKSTOCK

- World Mental Health Day takes place on Monday. This year's theme is "investing in mental health."
- According to Health Canada, one in five Canadians will experience a mental illness in their lifetime. The remaining four will have a friend, family member or colleague who will.

MENTAL HEALTH A BASIC HUMAN RIGHT

In the future, mental health will be viewed as a basic human right across Canada.

"Just as with physical disabilities and HIV/AIDS, mental health will be linked to human rights, empowerment, dignity and respect," says Peter Coleridge, National Chief Executive Officer, Canadian Mental Health Association (CMHA) Toronto.

Making this happen will need more than merely messages and campaigns "that in isolation, don't have a sustained impact," says Coleridge. It will also require changes in pubic policies, behaviours and attitudes to mental health in the work place, in schools, and elsewhere.

The CMHA vision for the future also includes the 120-plus CMHA regional offices not only continuing to respond to local mental health needs, but also working together in a synergistic way to improve understanding surrounding mental health issues.

Canada will soon have its own a national mental health strategy, says Coleridge.

JUPITER IMAGES/THINKSTOCK

WORKPLACE MENTAL HEALTH AFFECTS BOTTOM LINE

Canadian companies are beginning to realize that workplace mental health is important to their bottom line, that lost productivity and absenteeism can cost them dearly.

"Organizations should make it part of their strategic plan to address the issue of workplace mental health directly," says Donna Hardaker, workplace mental health specialist, Canadian Mental Health Association, York Region.

Across corporate Canada, there still exists a kind of "don't ask; don't tell" attitude when it comes to mental illness. "People have to hide it if they have a mental illness because discrimination is alive and well," says Hardaker.

Companies should increase workplace mental health "literacy," she says. Suggested strategies include:

- Inviting expert speakers;
- Encouraging employee teams to put mental health on their meeting agendas;
- Incorporating training for all levels of staff;
- Equipping managers with the tools and skills to address mental health issues.

Hardaker also recommends coaching managers or supervisors to "listen, appreciate and value employees," to be flexible, and to find the resources that are necessary to assist an employee experiencing problems. "It's thinking outside the box; there's not one-size-fits-all when it comes to accommodating employees."

Companies should also look at how they approach issues such as job stress and work-life balance. "Are we proactive around these issues or do we wait for someone to say, 'I have a problem, can you help me?'"

They should also assess their internal culture — looking at things like how supportive employees are towards each other and the policies and processes related to harassment and discrimination.

As well, companies should take a hard look at issues surrounding the return to work. When employees return from disability leave for a mental health issue, it's important there be a supportive atmosphere with appropriate accommodations and social support, says Hardaker. She notes that being off work for long periods in itself contributes to mental illness, partly because our work is so wrapped up with our identity.

– Pauline Anderson

BY THE NUMBERS

- Every day, 500,000 Canadians are absent from work due to psychiatric problems.
- Mental Health is the number one cause of disability in Canada, accounting for nearly 30 per cent of disability claims and 70 per cent of the total costs.

SOURCE: Insurance Journal 2003 as cited by the Government of Canada in The Human Face of Mental Health and Mental Illness in Canada, 2006, pg. 41.

ANTHONY ONG/DIGITAL VISION/THINKSTOCK

HELPING TEENS EARLY KEY TO SUCCESS

Identifying and treating mental illness early on can save a teenager from worsening symptoms, self-blame and a lifetime of addictions, panhandling and prostitution.

Research shows that mental illness in people up to the age of 25 is the biggest single burden of any disease in this age group. For some experts, reducing this burden involves investing more resources in early identification of mental disorders, in easier access to proven and cost-effective therapies, and in creating a "one-stop" system of health care that addresses mental as well as physical health under one roof.

As it stands, 70 per cent of mental disorders can be diagnosed in young people, but they often get overlooked. Rodney Baker, Executive Director, Canadian Mental Health Association, Simon Fraser Branch, talks about a woman in her 30s only recently diagnosed with bipolar disorder (formerly called manic depression). Her life took a downward spiral as a teen, followed by marriage to a biker and alcoholism, and generally a "wrecked" life.

A program in the area called Youth Supportive Independent Living (YSIL) tries to prevent such scenarios. It helps young people aged 16 to 21 years who suffer a mental illness find housing and develop skills for independent living.

Caseworkers encourage these youngsters to work or go to school, and to socialize. "Nobody has been known to get well from a mental illness sitting in their room by themselves," says Baker. "We encourage them to pursue their goals — realistic, achievable and beneficial goals."

Many of these young people have been homeless and been tempted to take drugs just to feel happy. "If you do crystal meth, you don't sleep for three or four days, so no one steals your stuff, and you don't eat so you don't have to worry about coming up with money to buy food," says Baker.

Some of the young clients have been turned out of the family home for a multitude of reasons. Their parents may not be able to accept their child's mental illness, may not have the resources to properly care for their child, are addicted themselves, or may even have died.

The program boasts some success stories. "We have had people from our program who have gotten well, finished school, gotten married, and had kids," says Baker.

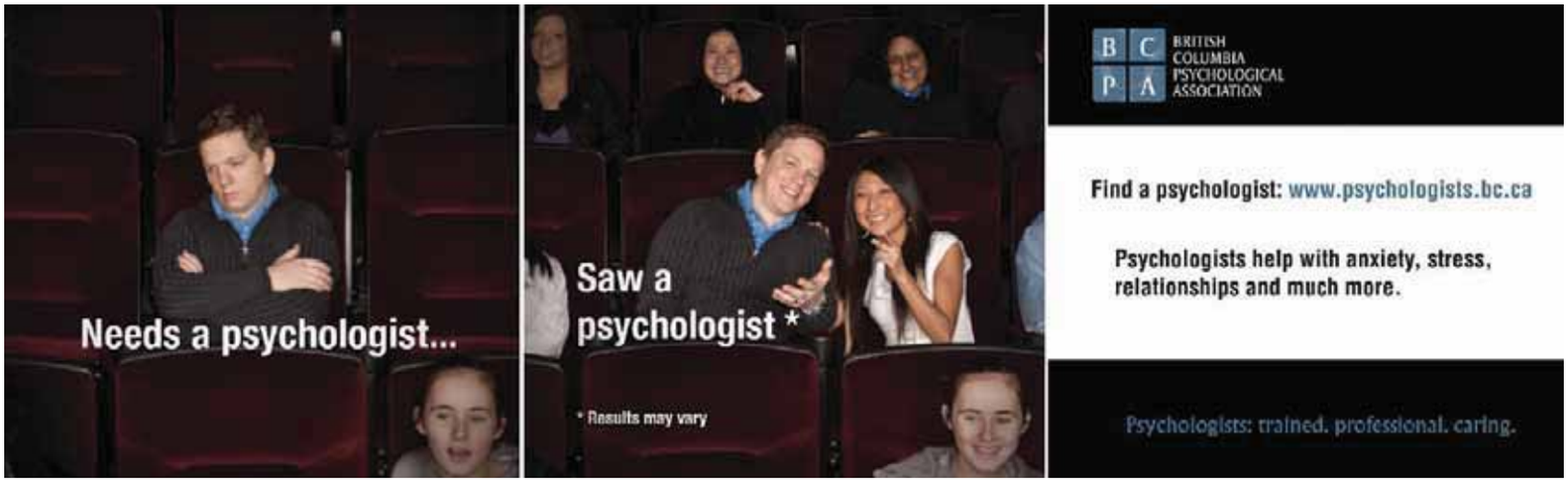
Acceptance of the mental illness is an important ingredient of such successes. But it's something that is especially difficult for young, impressionable kids who just wants to fit in with their peers.

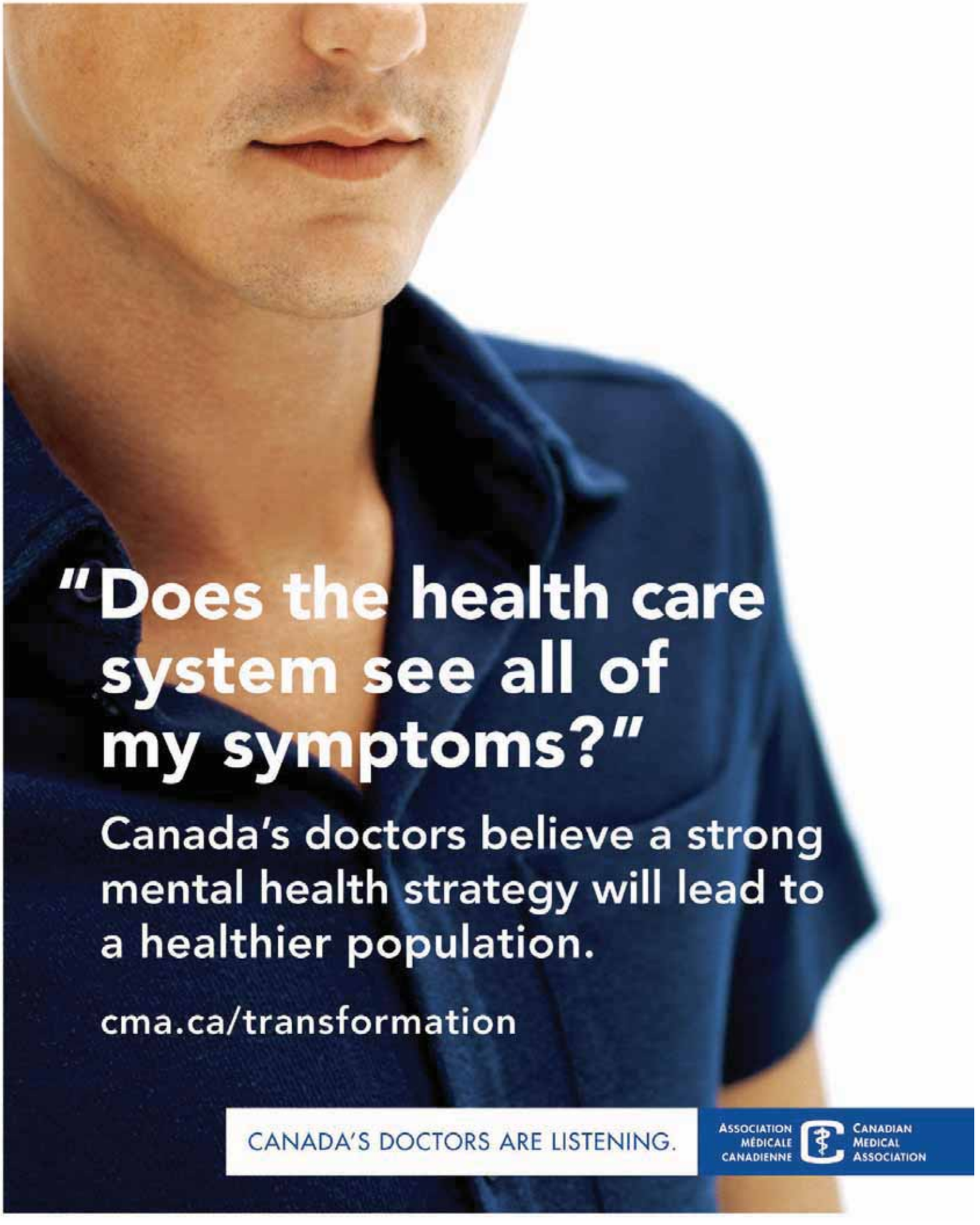
– Pauline Anderson

BY THE NUMBERS

- 70 per cent of mental health problems and illnesses have their onset during childhood or adolescence.
- Young people age 15-24 are more likely to report mental illness and/or substance use disorders than other age groups.

SOURCES: Government of Canada, The Human Face of Mental Health and Mental Illness in Canada, 2006, and Statistics Canada: Canadian Community Health Survey: Mental Health and Well-being, 2003


Needs a psychologist...
Saw a psychologist *
* Results may vary
BCPA
BRITISH COLUMBIA PSYCHOLOGICAL ASSOCIATION
Find a psychologist: www.psychologists.bc.ca
Psychologists help with anxiety, stress, relationships and much more.
Psychologists: trained. professional. caring.


"Does the health care system see all of my symptoms?"
Canada's doctors believe a strong mental health strategy will lead to a healthier population.
cma.ca/transformation
CANADA'S DOCTORS ARE LISTENING.
Association Médicale Canadienne
Canadian Medical Association

STOCKBYTE/THINKSTOCK

MINIMIZE HOLIDAY STRESS

It's Thanksgiving, a time to sit down for a traditional turkey dinner with family and friends. Sounds ideal. Trouble is, you're dreading it.

Here are some tips from Sandy Milakovic, Chief Executive Officer, Canadian Mental Health Association, Peel Branch, to minimize that mid-October stress.

LOWER YOUR EXPECTATIONS Remember that things don't have to be perfect.

SET PRIORITIES Pick your favourite thing to do — baking a pumpkin pie, for example — and get other people to organize the rest of the turkey dinner.

ASK FOR HELP (and accept the help that's given). Even very young members of the family can set the table — but don't complain if the forks aren't in the proper place.

BUILD SOME BREAKS INTO YOUR HOLIDAY To avoid being overwhelmed, spend time alone doing something you enjoy.

DON'T OVERINDULGE Alcohol is a depressant and loosens tongues, so you may say or do something you'll regret. And eating too much food can make you feel lethargic.

TAKE DEEP BREATHS This slows you down and allows you time to respond to a difficult situation.

STAY WITHIN YOUR BUDGET Finances are a huge stressor. Consider celebrating the holiday with something other than a sit-down dinner. Spending time with your family could mean going on a hike together.

HELP OTHERS Volunteering at a food bank or donating clothing to families in need are guaranteed to boost your spirits and help you cope with any stressor that comes your way.

THINK OF THOSE WHO ARE ALONE Visit them or invite them over for something like a potluck dinner.

CALL FOR HELP IF YOU NEED IT If the holiday is making you feel depressed or down, call the crisis number in your community. Remember that feeling depressed is normal.

– Pauline Anderson

DELIVERING HOPE FOR MENTAL HEALTH

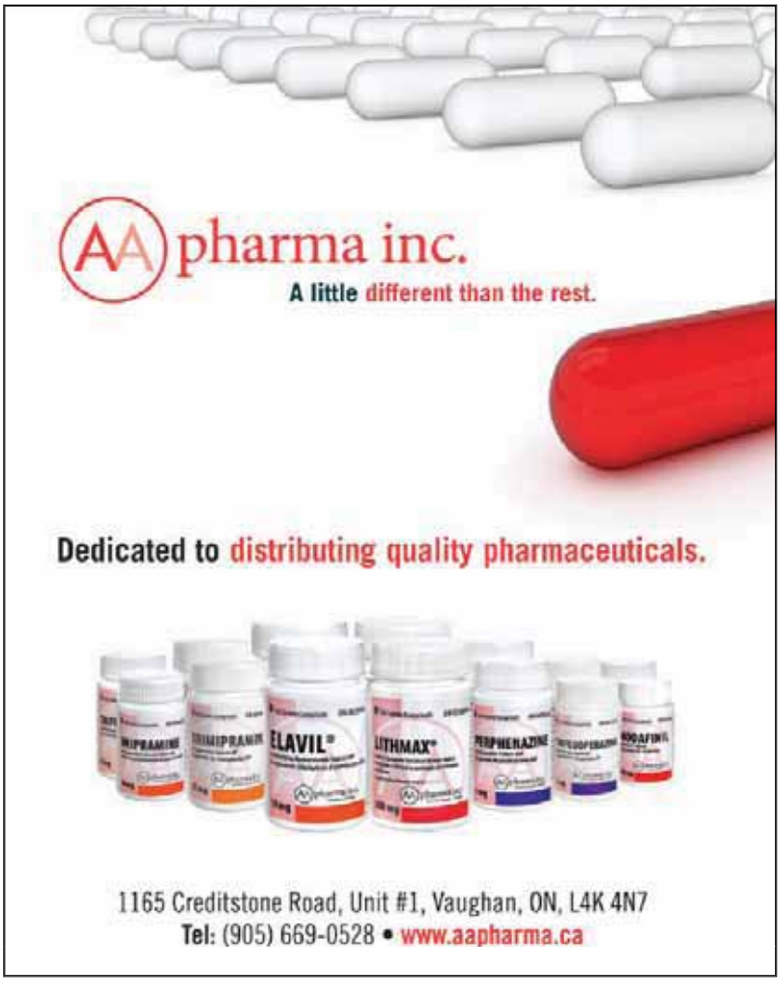
Canada Post recently unveiled a stamp that has a unique claim to fame. The company issues an annual fundraising stamp supporting mental health, its cause of choice. This year's stamp design was the first in the company's 160-year history to be chosen by public vote.

Last November, a competition was held to find a design for this year's stamp, which raises funds for the Canada Post Foundation for Mental Health. THE PUZZLE — designed by Terrebonne, Que., resident Miriane Majeau — received the most points and now adorns more than 3.5 million stamps available at post offices across Canada. A dollar from the sale of every booklet of 10 stamps is donated to the Canada Post Foundation for Mental Health.

"Dealing with mental health issues is like putting a puzzle together," says Majeau. "As you connect the pieces, something beautiful and whole is revealed."

Since 2008, Canada Post employees have helped raise nearly $5 million for the Foundation, and $4.6 million in grants has been disbursed to nearly 100 non-profit organizations across Canada.

Delivering hope
One stamp at a time
Support mental health
Please buy a booklet of Mental Health stamps or make a donation to the Canada Post Foundation for Mental Health.
Canada Post Foundation for Mental Health
canadapost.ca/hope
CANADA POST
POSTES CANADA


AA pharma inc.
A little different than the rest.
Dedicated to distributing quality pharmaceuticals.
ELAVIL
LITHMAX
1165 Creditstone Road, Unit #1, Vaughan, ON, L4K 4N7
Tel: (905) 669-0528 • www.aapharma.ca

4 sports

Canucks show rust in opening loss to Pens

Vancouver battles back twice from two-goal deficits after getting off to slow start Pittsburgh star Malkin seals win with shootout goal

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Penguins defenceman Kris Letang barrels into Canucks goalie Roberto Luongo Thursday night.

Evgeni Malkin scored the deciding goal in a shootout as the Pittsburgh Penguins opened their NHL season with a 4-3 win over the Vancouver Canucks Thursday night.

Malkin waited for Canuck goaltender Roberto Luongo to go down, then lifted a shot over him into the net.

Kris Letang also scored in the shootout for Pittsburgh. Vancouver shooters Mikael Samuelsson and Alex Burrows both missed on their chances.

Daniel Sedin tied the game at 7:51 of the third with Pittsburgh being called for a delayed penalty. He fired a hard shot over a diving Penguin defenceman into the short side of the net.

Sedin, who was last year's scoring champion, also had the best chance in the five-minute overtime, sending a puck just wide of the net.

Vancouver's Cody Hodgson almost scored the winning goal in the game's dying seconds. His long shot just dribbled by the open corner of the Penguins net.

Matt Cooke scored on the power play and shorthanded for Pittsburgh. James Neal also scored a power-play goal.

Defenceman Keith Ballard and centre Maxim Lapierre also scored for Vancouver. Henrik Sedin added two assists.

The Stanley Cup finalist Canucks looked tentative to start the game. Several of the players appeared nervous and fought the puck.

It took almost 40 minutes for Vancouver to show the speed and finesse the team used to win the Presidents' Trophy last season and advance to the final against the Boston Bruins.

Luongo stopped 25 shots but allowed a couple of soft goals.

Pittsburgh's Marc-Andre Fleury kicked one puck into his own net, but looked solid most of the night blocking 33 shots.

Fleury made a great glove save off Daniel Sedin in the first period and took away what looked like a sure goal from Burrows early in the second.

The Penguins played the game without captain Sidney Crosby, who is still suffering from post-concussion symptoms. Crosby is travelling with the Penguins and practised with his teammates in Vancouver Wednesday. He still isn't sure when he will return. THE CANADIAN PRESS

PENGUINS	CANUCKS
4	3

Silent treatment?

The crowd at Rogers Arena was announced as a sellout of 18,860, but there were many empty seats.

- The building seemed quiet for the first half of the game, but the fans began to make noise by the third period.

Quoted

"The ones that I am really disgusted with ... are the bunch of pukes that fought before: Stu Grimson, Chris Nilan and Jim Thomson. (They say) 'Oh, the reason that they're drinking, (taking) drugs and alcoholics is because they're fighting.' You turncoats, you hypocrites."

DON CHERRY, SPEAKING ON HIS COACH'S CORNER' SEGMENT, CHERRY CALLED OUT THE FORMER ENFORCERS FOR SUGGESTING THAT NHL PLAYERS WHO FIGHT ARE PRONE TO SUBSTANCE ABUSE.

DARRYL DYCK/THE CANADIAN PRESS

▶ Vancouver's Camilo Sanvezzo celebrates a goal Thursday night.

Caps get first win at BC Place

Brazilian striker Camilo scored two goals on penalty kicks to stake the Vancouver Whitecaps to a 3-0 Major League Soccer victory over Real Salt Lake on Thursday night.

Nizar Khalfan also scored for the Whitecaps (5-16-10) as they posted just their fifth victory of the season and avoided matching a league record for fewest wins in a campaign.

Salt Lake went winless for the fourth straight game but with a 15-11-6 record has already secured a playoff spot.

Camilo's goals were his 10th and 11th of the season. He gained a share of eighth place in league scoring and took over the team scoring lead from suspended striker Eric Hassli.

The penalty-kicks were awarded for hand-ball infractions in the 44th and 53rd minutes. Khalfan padded the lead with two minutes left with Salt Lake playing a man down.

The game, before a boisterous crowd of 20,113 under an open roof at BC Place, made up for a July 16 rainout at the stadium. It also made up for Vancouver's lacklustre effort in its first game at the spruced-up dome, a 1-0 loss to Portland. THE CANADIAN PRESS

A different look

Whitecaps coach Tommy Soehn shook up his roster Thursday night.

- Chinese striker Long Tan made his first start of the season with Eric Hassli suspended for racking up seven yellow cards.
- Trinidadian defender Carlyle Mitchell played his first game and midfielder Davide Chiumento was benched for Nizar Khalfan.

MoneyProvider.com
$500 Loan and more
Fast, easy and secure
No credit refused
1-877-776-1660
www.moneyprovider.com

Yankees' title hopes crumble in the Bronx

Detroit beats New York to advance to ALCS matchup against Texas ◗ Kelly, Young hit back-to-back homers

3	2
TIGERS	YANKEES

The Detroit Tigers survived a tense trip back to the Bronx, with Jose Valverde and the bullpen holding on time and time again to beat the New York Yankees 3-2 Thursday night to win the deciding Game 5 of their AL playoff series.

Don Kelly and Delmon Young hit consecutive home runs in the first inning, then Doug Fister and the Tigers spent the rest of a thrilling game trying to preserve their lead.

They did — barely — and advanced to the AL championship series against Texas.

Joaquin Benoit followed Max Scherzer in the seventh and walked Mark Teixeira with the bases loaded, pulling the Yankees within a run. Benoit struck out Nick Swisher with a 95 mph fastball to keep the lead.

After Brett Gardner singled with two outs in the eighth, Derek Jeter flied out to Kelly just in front of the right-field wall.

Valverde pitched the ninth for his second save of the series, remaining perfect in 51 chances this year. After Valverde struck out Alex Rodriguez to end it, the Tigers closer crouched and pumped both arms as his teammates ran out to celebrate.

Detroit won its first all-or-nothing post-season game since beating St. Louis in Game 7 of the 1968 World Series.

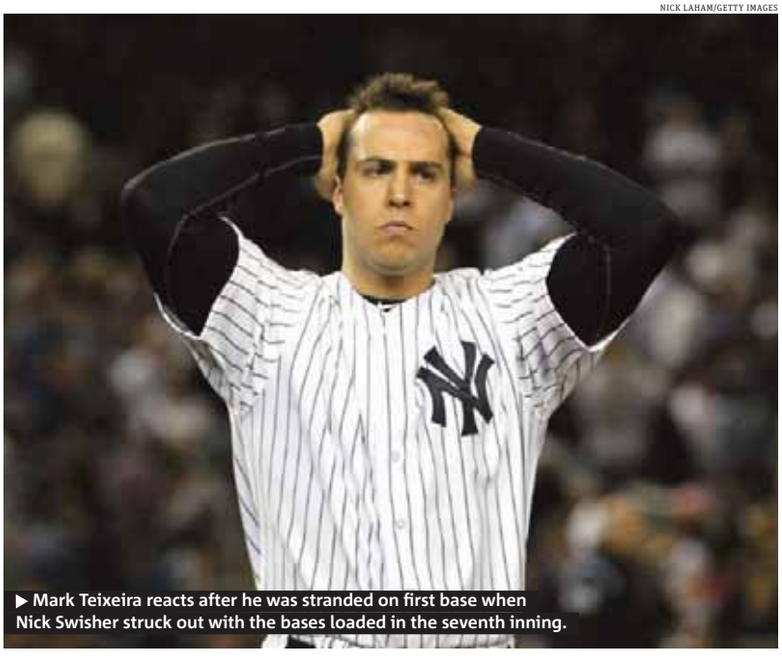
With the Tigers vying for their first World Series title since 1984, ace Justin Verlander will start the ALCS opener at Texas on Saturday night against the Rangers' C.J. Wilson.

Before a new Yankee Stadium record crowd of 50,960, New York had its chances, but the Yankees went 2 for 9 with runners in scoring position and 0 for 4 with the bases loaded, and they stranded 10 runners.

While the Yankees led the AL with 97 wins during the regular season, the early exit in the first round and second straight season without a World Series title will set off a restless off-season search for more starting pitching and offence.

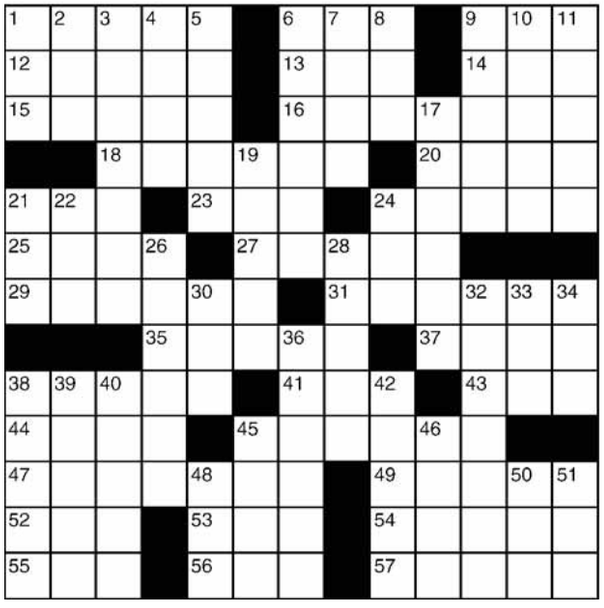
THE ASSOCIATED PRESS

NICK LAHAM/GETTY IMAGES



▶ Mark Teixeira reacts after he was stranded on first base when Nick Swisher struck out with the bases loaded in the seventh inning.

Crossword



Across

1 Door-frame parts
6 Carpentry tool
9 Explosive letters
12 End, NASA-style
13 "— Had a Hammer"
14 Travail
15 Craze
16 Tropical perennial herb
18 What a hothead may lose
20 "Casablanca" lead
21 — Khan
23 Skillet
24 Unruly hairdos
25 Greedy one's cry
27 Ritzy fiddle
29 Mars, e.g.
31 Zoroastrian sacred text
35 Puts on cargo
37 Urban pall
38 Rural home
41 Chances, for short
43 Storm center
44 Birds, to Brutus
45 Surgical tool
47 "Black Magic Woman" band
49 Mirror's offering
52 Family
53 Trail the pack
54 Money of Jordan
55 Cunning
56 Gorilla
57 Obliterate

Down

1 Predicament
2 "The — Daba Honeymoon"
3 Cyrus alter ego
4 Soft cheese
5 Postage
6 Mum
7 At a distance
8 Triumph
9 Clemens pseudonym
10 (For the) time being
11 Ship-building materials
17 Swaps
19 Rigatoni, e.g.
21 Rock band's need
22 Hodges of baseball
24 Dallas basketballer, for short
26 Sign up
28 Hoarse
30 Lo-o-ong time
32 "The Bartered Bride" composer
33 Plaything
34 Census statistic
36 Time of senility
38 Barrels
39 Use
40 Comic Jack
42 Playground fixture
45 Break suddenly
46 Mideast ruler
48 Chicken-king link
50 Petrol
51 Prior to

▶ Yesterday's answer

R	A	P	T	■	D	A	D	■	S	C	U	T
U	G	L	I	■	O	B	I	■	O	O	P	S
D	R	O	P	■	W	A	G	■	R	A	T	A
D	A	Y	T	O	N	■	S	A	R	T	O	R
■	■	■	O	F	T	■	■	D	O	T	■	■
R	A	M	P	■	U	N	T	O	W	A	R	D
A	L	E	■	■	R	A	U	■	■	I	I	I
M	I	L	L	I	N	E	R	■	O	L	D	S
■	■	T	A	R	■	■	N	O	N	■	■	■
R	E	D	S	E	A	■	C	H	E	W	E	D
A	M	O	S	■	F	O	O	■	W	O	V	E
K	I	W	I	■	A	R	A	■	A	R	I	A
E	R	N	E	■	R	O	T	■	Y	E	L	L

Sudoku

5	1						6	2
			2		6			
9		2				7		8
		5	9		1	4		
	7						1	
		3	6		7	2		
4		1				6		9
			5		8			
3	2						4	7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	5	4	2	3	8	9	1	6
3	9	1	6	5	4	7	2	8
6	8	2	1	9	7	4	5	3
5	1	6	7	4	3	2	8	9
2	7	8	9	6	1	3	4	5
4	3	9	8	2	5	1	6	7
1	6	3	5	7	2	8	9	4
8	4	5	3	1	9	6	7	2
9	2	7	4	8	6	5	3	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Junior, I love you baby. Last night walking to the beach and spending some much needed quality time together made my heart warm, I love everything your doing for me and I want you to know that I appreciate it. For once in my life, I really feel loved. Thank you. MWAH! <3 **WINTER**

Green Eyes Green Eyes, I love the way you make me feel ... Out of Control ... yet controlled by you... lets live the present .... Nothing is good for and bad ... .XOXO I neeeedddd youuuuuu ! **LETS GO TO THE BECH!!!**

Goooodd Looookinng; not sure what the issue was but I know this much you always can find better cause better is a camoflage-miss us; our peace, our respect for each other; our great passion; your positive influence, your trust ... just miss us ... **THE ONE?**

Today 14°/11° Sunny
Saturday 15°/10° Partly sunny 40%
The Weather Network Download WeatherEye to your smartphone.
©The Weather Network 2011

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 Today's Venus-Neptune link makes this a great day for friendships and affairs of the heart.

♉ Taurus April 21-May 21 You seem to be enchanted more by things than by people at the moment. Get your priorities right.

♊ Gemini May 22-June 21 Everything looks new and everything seems possible. In short, it's a great time to be a Gemini.

♋ Cancer June 22-July 22 Let others know what you're willing to put up with and what you consider is going too far — and mean it.

♌ Leo July 23-Aug.23 This is the kind of day when you must get out among people and let your exuberant Leo nature light up the world.

♍ Virgo Aug. 24- Sept. 22 If you have fallen out with someone recently, this is the perfect day to make amends.

♎ Libra Sept. 23-Oct. 23 You have so much good karma waiting to be used, and the planets signal this is the time to cash in.

♏ Scorpio Oct. 24-Nov. 22 Don't allow yourself to be intimidated by someone who thinks that ranting gets things done.

♐ Sagittarius Nov. 23-Dec. 21 You will gain more today by doing less — not just a little bit less but a lot less. Sit back and chill.

♑ Capricorn Dec. 22-Jan. 20 Your rivals will be awed by your ability to always finish ahead of them. You're a natural.

♒ Aquarius Jan. 21-Feb. 18 If you're tempted to judge someone of whose lifestyle you don't approve, remember: live and let live.

♓ Pisces Feb. 19-March 20. If someone whose judgment you trust offers you advice, you'd be wise to listen. **SALLY BROMPTON**

Caption contest

JIM BECKEL, THE OKLAHOMAN/AP

REED SAXON/ THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

FLIGHT CENTRE Unbeatable
Whistler 2 Nights 4-Star
from $129
taxes & fees included
INCLUDES pet-friendly Whistler Village accom with kitchenette.
1 866 519 5111 | flightcentre.ca
Conditions apply. *Ex: Vancouver. Price is stated per person and based on double occupancy for total duration of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

LOOK AGAIN SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Toronto, Ontario –Sugar Beach. 2pm. Saturday afternoon. Time to round up the kids and hop back in the 2012 Chevrolet Orlando: the compact 7-seater. Then it's off to the carnival. Because with room for seven, flexible cargo space and excellent fuel-efficiency, the adventure never stops.

1. Removed chair under Umbrella 2. Extended pipe on tiled platform 3. Changed colour of tile in bottom left corner 4. Removed lug nut on the 2012 Chevrolet Orlando 5. Inverted colour on girl's dress 6. Added umbrella on beach
7. 2012 Chevrolet Orlando rear light under trunk door turned on 8. Changed colour of bucket girl is holding 9. Removed umbrella in front of the 2012 Chevrolet Orlando 10. Rear wiper positioned up on 2012 Chevrolet Orlando

" Basilica of the Immaculate Conception" in Old Mazatlan.

ABOUT MAZATLAN:

Mazatlan is located on Mexico's Pacific Coast at the foot of the Sierra Madre Mountains. Founded in the 16th Century, Mazatlan is Mexico's colonial city on the beach. The city is divided into three main areas: Old Mazatlan, Zona Dorada or Golden Zone, and Nuevo Mazatlan. One in every three travelers that visits Mazatlan is Canadian. **www.gomazatlan.com**

MEXICO'S COLONIAL CITY ON THE BEACH

Mazatlan stands out among tourist destinations as one that provides sun, surf, history and culture. Mazatlan's privileged location- on the Pacific Coast at the foot of the Sierra Madre mountains- has attracted tourists for decades. As a gateway to the sea and Mexico, the city has attracted visitors for centuries. Today, Mazatlan offers an array of experiences for all ages.

Mexico's colonial city on the beach offers a wide range of outdoor activities. Recognized worldwide as a first-class fishing destination, Mazatlan hooks anglers in pursuit of big game like sailfish, marlin and tuna that teem in the waters just offshore. Golfers play at world-class courses, including El Cid Golf & Country Club's Lee Trevino championship course; Estrella Del Mar, a Robert Trent Jones design, and the new Marina Mazatlan Golf Course designed by David Fleming. Other outdoor excursions include kayaking, sailing and zip-lining.

Culture and history lovers explore the streets of the old town. The neoclassical Angela Peralta Theater hosts performances by internationally acclaimed artists. Outside, restaurants at Plaza Machado buzz with patrons and live music. After exploring the city, visitors can tour nearby picturesque Colonial towns. Copala, El Quelite and La Noria are three of the most popular communities. Savor regional cuisine; explore 17th-century artwork and historic sites dating back to the 1500s.

"Mazatlan's rich culture and unrivalled hospitality sets our city apart from other destinations," says Carlos Berdegue, vice president, Mazatlan Hotel Association and Tourism Trust. "Visitors here enjoy beautiful weather and Pacific Coast sunsets alongside a lively historic center, renowned cuisine and premier resorts. There's also top-ranked spas, championship golf and year-round events. We are committed to showcasing the many sides of Mazatlan." Contact your travel agent to book your Mazatlan holiday.

MAZATLÁN
COLONIAL CITY ON THE BEACH

www.gomazatlan.com

MÉXICO
THE PLACE YOU THOUGHT YOU KNEW
DISCOVER MORE AT www.visitmexico.com